

# Aetna Medicare Advantage (MAPD) PPO Plan Comes with these NO-COST EXTRAS

With your MAPD PPO plan, you get access to these extra benefits

<b>Aetna Healthy Rewards</b>	Get rewarded with a gift card when you complete important healthcare activities.
<b>SilverSneakers® Fitness Program</b>	Get a gym membership at thousands of participating locations nationwide. Or get moving from the comfort of your home with live online classes.
<b>MDLIVE® Behavioral Health Support</b>	Get access to virtual mental health visits by phone or video through an MDLIVE® board-certified psychiatrist or licensed therapist. There are no visit limits, and the copay is \$0.
<b>Teladoc® Health Virtual Healthcare</b>	Teladoc is a low-cost, convenient, and quality alternative to emergency room and urgent care visits for non-emergency medical care. Care is available 24/7 by web, phone, and the Teladoc mobile app. Teladoc physicians can diagnose, treat, and write short-term prescriptions for a wide range of general health issues.
<b>Transportation to Appointments</b>	Focus on your health and treatment plan and worry less about getting to the doctor. With Aetna MAPD PPO, you get 24 one-way trips with unlimited mileage.
<b>Meal Home Delivery</b>	Get 28 delicious and nutritious meals delivered to your home after your hospital stay.
<b>Healthy Lifestyle Coaching</b>	Talking with a health coach can help you create a realistic plan to improve your health. This program could help you do things such as quit smoking, lose weight, or eat better. Your coach will set up regular calls with you. You'll work together to help you reach your health goals.
<b>Healthy Home Visit</b>	Have a licensed healthcare professional assess your health and safety needs right in your own home. They'll also review your medications and family history.
<b>Hearing Aid Allowance</b>	You have a \$2,500 per ear benefit allowance once every 24 months. You or your doctor can submit your itemized bills to Aetna showing your costs on hearing aids from any licensed provider that accepts Medicare.
<b>Nurse Line</b>	You have toll-free, 24-hour access to nurses who can help answer your health questions. This doesn't replace care from your regular doctor.
<b>Resources For Living® Referral Program</b>	A consultant can refer you to local services that can make life easier and more enjoyable. You only pay the cost of any services you use.

To learn more, visit  
[stateofillinois.aetnamedicare.com](https://stateofillinois.aetnamedicare.com)  
or call 855-223-4807.

