The Aetna Medicare Advantage (MAPD) PPO plan comes with these benefits at no additional cost to you.

Aetna Healthy Rewards	Get rewarded when you complete important healthcare activities such as preventive screenings and immunizations. After you enroll in the MAPD PPO plan you'll receive information on how to self-attest for completed activities.
SilverSneakers® Fitness Program	Aetna members can get a basic gym membership at participating locations nationwide plus live, on-demand and virtual fitness options. With this benefit you get a chance to improve your health, build confidence and connect with your community.
Teladoc Health Virtual Healthcare	Teladoc Health connects you with board-certified doctors 24/7. They can treat many nonemergency medical issues like allergies, cold and flu symptoms or minor infections by phone or video. This may help you avoid urgent care and emergency room visits.
Transportation to Appointments	Focus on your health and treatment plan and worry less about getting to the doctor. With Aetna, you get 24 one-way trips with unlimited mileage to and from nonemergency medical appointments.
Meal Home Delivery	Aetna members can get 28 freshly prepared meals delivered after a qualifying inpatient hospital or skilled nursing facility stay. The meals can provide the nutrition needed to help support recovery and overall health and well-being.
Health Education and Coaching	Health education offers sessions with certified health educators to encourage healthy habits. Topics may include diabetes management, nutrition counseling, asthma education, and more.
Healthy Home Visit (HHV)	You can have a visit with a licensed provider in your home or virtually (online). They can discuss any health concerns, complete a fall risk assessment, recommend screenings and create a personalized care plan. The HHV is included with your plan each year at no added cost.
24-hour Nurse Line	Sometimes you need a quick answer to a health question. With the 24-Hour Nurse Line, you can speak to a registered nurse about a variety of health topics, whenever you need to. And you can call as many times as you need. This doesn't replace care from your regular doctor.
Resources for Living® Referral Program	The Resources For Living program can connect you with services and resources in your own community that can help make daily life easier and more manageable. They can help address needs such as social isolation, food insecurity, financial assistance, in-home services and transportation. There's no cost to call Resources For Living — you only pay for the costs (if any) of services you use.

To learn more, visit

stateofillinois.aetnamedicare.com

or call **855-223-4807.**



See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.