

The Aetna Medicare Advantage (MAPD) PPO plan comes with these benefits at no additional cost to you.

Aetna Healthy Rewards	Get rewarded with a gift card when you complete important healthcare activities such as annual exams, flu shots and more.
SilverSneakers® Fitness Program	Get a gym membership at thousands of participating locations nationwide. Or get moving from the comfort of your home with live online classes.
Teladoc Health Virtual Healthcare	Teladoc Health is a low-cost, convenient, and quality alternative to emergency room and urgent care visits for non-emergency medical care. Care is available 24/7 by web, phone, and the Teladoc Health mobile app. Teladoc Health doctors can diagnose, treat, and write short-term prescriptions for a wide range of general health issues.
Transportation to Appointments	Focus on your health and treatment plan and worry less about getting to the doctor. With Aetna MAPD PPO, you get 24 one-way trips with unlimited mileage.
Meal Home Delivery	Get 28 delicious and nutritious meals delivered to your home after your qualified inpatient hospital or skilled nursing facility (SNF) stay.
Healthy Lifestyle Coaching	Talking with a health coach can help you create a realistic plan to improve your health. This program could help you do things such as quit smoking, lose weight, or eat better. You coach will set up regular calls with you. You'll work together to help you reach your health goals.
Healthy Home Visit	Have a licensed healthcare professional assess your health and safety needs right in your own home. They'll also review your medications and family history.
Nurse Line	You have toll-free, 24-hour access to nurses who can help answer your health questions. This doesn't replace care from your regular doctor.
Resources For Living® Referral Program	A consultant can refer you to local services that can make life easier and more enjoyable. This may include help at home, social and recreational activities, caregiver support, and more. You only pay the cost of any services you use.

To learn more, visit
stateofillinois.aetnamedicare.com
or call **855-223-4807**.

