FY 2026 CELLET STATE OF THE ST

Teachers'
Retirement
Insurance
Program

Benefit Choice Period

May 1 - June 2, 2025 Effective July 1, 2025



Table of Contents

Benefit Choice Period

What's New
What is Available in Your Area2
Monthly Contributions3
Enrollment Opportunities 3
Terminating Coverage3
Transition of Care3
Health Plans
HMO Benefits 4
Open Access Plan (OAP) Benefits
Teachers' Choice Health Plan (TCHP) Benefits 6
Vision Coverage7
Dental Coverage8
Medicare Requirements9
Be Well Illinois 10
Contacts
Federally Required Notices 12
Benefit Choice Fairs

ONLINE ENROLLMENT PLATFORM

Making benefit elections is simple through the MyBenefits website. Follow these steps:

- 1. Go to MyBenefits.illinois.gov.
- 2. In the top right corner of the home page, click Login.
- 3. If you are logging in for the first time, click **Register** in the bottom right corner of the login box and follow the prompts. You will need to provide your name as printed on the Benefit Choice Period materials mailed to your home.
- 4. Enter your login ID and password. After logging in and landing on the welcome page, explore your benefit options by clicking on the benefit tiles.
- 5. After exploring your benefit options and determining which benefits you would like to elect, click on the Benefit Choice Event, located on the Welcome page.

Need Help?

AVA, the interactive digital assistant, is available online at

MyBenefits.illinois.gov

Or

Contact MyBenefits Service Center (toll-free) 844-251-1777, or 844-251-1778 (TDD/TTY) with inquiries. Representatives are available Monday – Friday, 8:00 AM - 6:00 PM CT.

WHAT YOU NEED TO DO

- 1. Go to MyBenefits.illinois.gov to review your benefit options.
- 2. Choose the benefits you'd like to elect at MyBenefits.illinois.gov between May 1 June 2, 2025.
- 3. Provide, or update your email address at MyBenefits.illinois.gov to receive quick responses and notifications through electronic communications.
- 4. Take advantage of your new benefits which will become effective July 1, 2025.

Benefit Choice Period

Elect Your Benefits May 1 - June 2, 2025

What's New

Health Alliance: Action Required

Effective July 1, 2025, Health Alliance will no longer be an available option. If you are currently enrolled in Heath Alliance and you do not select a new plan, you will be defaulted to the Teachers' Choice Health Plan (TCHP) for the FY2026 Benefit Period.

Health Plan Availability

There are several changes this year. It is your responsibility to verify what Health Plans are available in your area (see page 2).



Vision and dental coverage is now included.

Medicare Split Family

Attention - Retirees, Annuitants, & Survivors

There is a VERY IMPORTANT change in the required Total Retiree Advantage Illinois (TRAIL) Medicare Advantage Prescription Drug (MAPD) enrollment effective July 1, 2025.

As a retiree, you and any covered dependents are required to apply for Medicare insurance benefits. Those eligible for premium-free Medicare Part A are required to accept the Medicare Part A coverage. TRIP does not require enrollment in Medicare Part B; however, in order to receive the lower monthly premium and be eligible to enroll in TRAIL you must be enrolled in both Medicare Parts A and B.

New Starting July 1, 2025

Retired members and dependents who are enrolled in Medicare Parts A and B are also required to enroll in a TRAIL Medicare Advantage Prescription Drug (MAPD) Program. Effective July 1, 2025, you or your dependent will be required to enroll in the TRAIL MAPD plan when you are first enrolled in Medicare, either by age or disability.

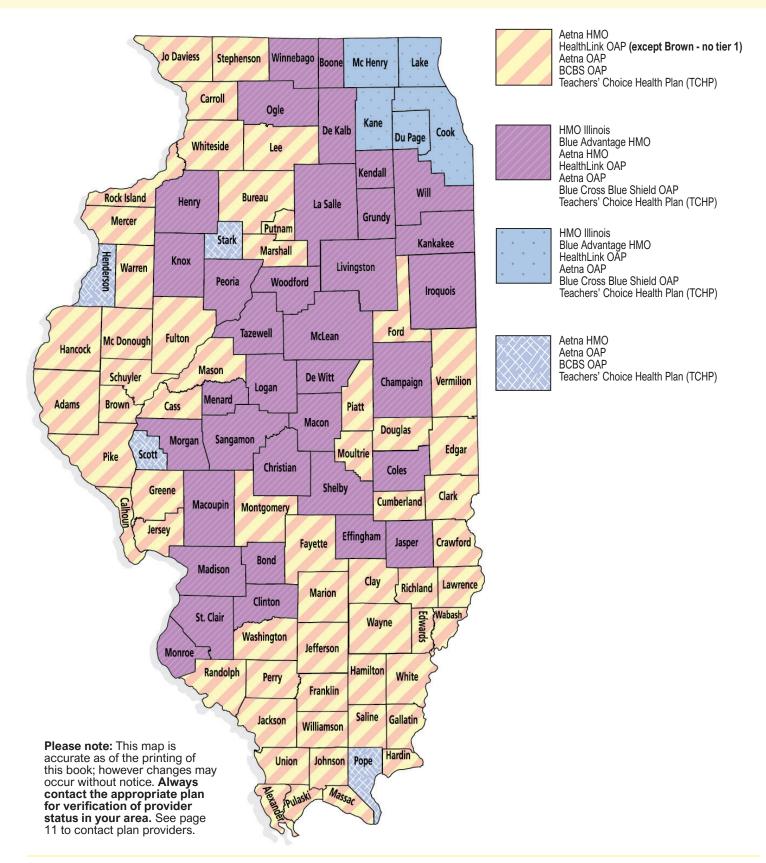
What do you need to do?

During this Benefit Choice Open Enrollment period (May 1 – June 2, 2025), the Medicare eligible member or dependent will be required to enroll in the TRAIL MAPD plan for coverage to be effective July 1, 2025. If the member is eligible, failure to enroll will result in the termination of coverage for the member and any covered dependents. If the dependent is eligible, failure to enroll will result in the termination of the dependent's coverage.

More information on this change will be available at the Benefit Choice Member Fairs (Dates/Times/Locations are listed on the back of this booklet)

What is Available in Your Area in FY26

Review the following map and charts to identify plans available in your county. Then, review your monthly contribution and plan benefits to determine which plan is best for you.



Monthly Contributions

The Teachers' Retirement Insurance Program (TRIP) shares the cost of health coverage with you. While TRIP covers the majority of the cost, you must make monthly contributions based upon the health plan you select.

Type of Participant	Type of Plan	Not Medicare Primary	Not Medicare Primary	Not Medicare Primary	Medicare Primary*
		Under age 26	Age 26-64	Age 65 and above	All ages
	Managed Care Plan (OAP and HMO)	\$121.18	\$370.76	\$503.81	\$149.28
Benefit Recipient	Teachers' Choice Health Plan (TCHP)	\$308.40	\$857.02	\$1,300.03	\$346.83
Recipient	"TCHP when managed care is not available in your county"	\$156.11	\$431.60	\$653.58	\$176.03
Dependent Beneficiary	Managed Care Plan (OAP and HMO)	\$484.89	\$1,483.01	\$2,015.19	\$517.23 **
	Teachers' Choice Health Plan (TCHP)	\$624.46	\$1,726.40	\$2,614.28	\$704.09
	"TCHP when managed care is not available in your county"	\$624.46	\$1,726.40	\$2,614.28	\$533.28 **

^{*} You must enroll in both Medicare Parts A and B to qualify for the lower premiums. Send a copy of your Medicare card to TRS. If you or your dependent is actively working and eligible for Medicare, or you have additional questions about this requirement, contact the CMS Group Insurance Division, Medicare Coordination of Benefits (COB) Unit (see page 9).

Enrollment Opportunities

After the Benefit Choice Period ends, you will only be able to change your benefits if you have an enrollment opportunity.

You must report an enrollment opportunity at MyBenefits.illinois.gov within 60 days of the event to be eligible to make benefit changes. Also note that it is required to report important events to the MyBenefits Service Center, including a change in Medicare status, marriage, or divorce. To report a financial or medical power of attorney, contact your retirement system.

Please note: Members becoming Medicare-eligible will have a separate enrollment opportunity prior to their 65th birthday. Details can be found on Page 9.

Terminating TRIP Coverage

To terminate coverage at any time, please contact MyBenefits Service Center. The cancellation of coverage will be effective the first of the month following receipt of the request. Benefit recipients and dependent beneficiaries who terminate from TRIP may re-enroll during an open enrollment period or other qualifying enrollment opportunity. Please refer to the Teachers' Retirement Insurance Program (TRIP) Handbook for other qualifying enrollment opportunities.

Transition of Care after Health Plan Change

Benefit recipients and their dependents who elect to change health plans and are then hospitalized prior to July 1, 2025, and discharged on or after July 1, 2025, should contact both the current and future health plan administrators and primary care physicians as soon as possible to coordinate the transition of services.

Benefit recipients or dependents who are involved in an ongoing course of treatment or have entered the third trimester of pregnancy, should contact their new plan administrator before July 1, 2025, to coordinate the transition of services for treatment.

^{**} Medicare Primary Dependent Beneficiaries enrolled in a managed care plan, or in TCHP when no managed care plan is available, receive a premium subsidy.

HMO Benefits

Health Maintenance Organization (HMO) members are required to stay within the health plan provider network. No out-of-network services are available, other than listed below. Members will need to select a primary care physician (PCP) from a network of participating providers. The PCP will direct all healthcare services and make referrals to specialists and hospitalization. Benefits are outlined in each plan's Summary Plan Document (SPD). It is the member's responsibility to know and follow the specific requirements of the HMO plan selected. For a copy of the SPD, contact the plan administrator (see page 11).

	HMO Plan Design				
Plan Year Out-of-Pocket N	Maximum	\$3,000 Individual \$6,0	00 Family		
Hospital Services					
		In-Network	0	ut-of-Network	
Emergency Room Service	es	\$200 copayment per visit \$		\$200 copayment	
Inpatient Hospitalization		\$250 copayment per admiss	sion No	ot covered	
Inpatient Alcohol and Sub	ostance Abuse	\$250 copayment per admiss	sion N	ot covered	
Inpatient Psychiatric Adm	nission	\$250 copayment per admiss	sion No	ot covered	
Outpatient Surgery		\$150 copayment per visit	No	ot covered	
Skilled Nursing Facility		100% covered	N	ot covered	
Diagnostic Lab and X-ray	,	100% covered	N	ot covered	
		Transplant Sei	vices		
Organ and Tissue Transplants \$250 copay, limited to network transplant facilities as determined by the medical plan administrator. To assict coverage, the transplant candidate must contact your plan provider prior to beginning evaluation services. Professional and Other Services			strator. To assure ion services.		
In-Network Out-of-Network					
Preventive Care/Well-Bab	y/Immunizations	100% covered		ot covered	
Physician Office Visit		\$20 copayment per visit		Not covered	
Specialist Office Visit		\$20 copayment per visit		Not covered	
Telemedicine		\$10 copayment		Not covered	
Outpatient Psychiatric and	Substance Abuse	\$20 copayment per visit		Not covered	
Durable Medical Equipme	ent	80% covered	N	Not covered	
Home Health Care		\$15 copayment per visit		Not covered	
		Prescription E)rugs		
		Preventive Prescription			
		Reduced Tier I *	Tier I	Tier II	Tier III
Copaymer	nts (30-day supply)	\$4	\$10	\$20	\$40
Commission	ota (OO day ayaali)	¢ 10		¢50	¢400

\$10

\$25

Copayments (90-day supply)

\$100

\$50

^{*} Applies to specific medications as defined by the plan. Some HMOs may have benefit limitations based on a calendar year.

Open Access Plan (OAP) Benefits

Open Access Plan (OAP) members will have three tiers of providers from which to choose to obtain services.

- Tier I offers a managed care network which provides enhanced benefits and operates like an HMO.
- Tier II offers an expanded network of providers and is a hybrid plan operating similar to an HMO and PPO.
- Tier III covers all providers which are not in the managed care networks of Tiers I or II (out-of-network providers). Benefits are outlined in the plan's Summary Plan Document (SPD). It is the member's responsibility to know and follow the specific requirements of the OAP. For a copy of the SPD, contact the plan administrator (see page 11).

Denem	Benefit Tier I		II	Tier III (Out-of-Network)**
Plan Year Out-of-Pocket Maximum • Per Individual • Per Family	\$6,600 (includes eligible charg \$13,200 (includes eligible charg	es from Tiers I & II comb	ined) ined)	Not Applic	cable
Plan Year Deductible (must be satisfied for all services)	\$0	\$300 per enrollee)*	\$400 per	enrollee*
Hospital Services	(Percentages listed)	re <mark>present how</mark> n	nuch is co	vered by	/ the plan)
Emergency Room Services	\$200 copayment per visit	\$200 copayment po	er visit	\$200 copa	yment per visit
Inpatient Hospitalization	\$250 copayment per admission	80% of network ch \$300 copayment per		60% of allo \$400 copa	owable charges after yment per admission*
Inpatient Alcohol and Substance Abuse	\$250 copayment per admission	80% of network ch \$300 copayment per	arges after admission*	60% of allo \$400 copa	owable charges after yment per admission*
Inpatient Psychiatric Admission	\$250 copayment per admission	80% of network ch \$300 copayment per	arges after admission*	60% of allo \$400 copa	owable charges after yment per admission*
Outpatient Surgery	\$150 copayment per visit	80% of network ch \$150 copayment*	arges after	60% of allo \$150 copa	owable charges after yment*
Skilled Nursing Facility	100% covered	80% of network ch	arges*	Not covere	ed
Diagnostic Lab and X-ray	100% covered	80% of network ch	arges*	60% of allo	owable charges*
	Transp	ant Services			
Organ and Tissue Transplants Tier I: 100% covered. Tier II: 80% of network charges. Tier III: Not covered. To assure coverage, the transplant candidate must contact your plan provider prior to beginning evaluation services.					
a. opianto	ne transpiant candidate must	contact your plan prov	ider prior to b	eginning ev	aluation services.
Tanopiano	•	and Other Servi	•	eginning ev	aluation services.
Preventive Care/Well-Baby //mmunizations	•		•	Not covere	
Preventive Care/Well-Baby	Professional a	and Other Servi	ces	Not covere	
Preventive Care/Well-Baby /Immunizations Physician Office Visits Specialist Office Visits	Professional a 100% covered \$20 copayment \$20 copayment	100% covered 80% of network of n	harges*	Not covere	ed owable charges* owable charges*
Preventive Care/Well-Baby /Immunizations Physician Office Visits Specialist Office Visits Telemedicine	Professional a 100% covered \$20 copayment \$20 copayment \$10 copayment	and Other Service 100% covered 80% of network of the Not covered	harges*	Not covered 60% of allow of allow of allow of allow the covered by	ed owable charges* owable charges* ed
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Preventive Care/Well-Baby /Immunizations Physician Office Visits Specialist Office Visits Telemedicine Outpatient Psychiatric and	Professional a 100% covered \$20 copayment \$20 copayment \$10 copayment	and Other Service 100% covered 80% of network of the Not covered	harges* harges*	Not covered 60% of allow Not covered 60% of allow of allow 10% of allo	ed owable charges* owable charges* ed
Preventive Care/Well-Baby /Immunizations Physician Office Visits Specialist Office Visits Telemedicine Outpatient Psychiatric and Substance Abuse	Professional a 100% covered \$20 copayment \$20 copayment \$10 copayment \$20 copayment \$20 copayment \$20 copayment	and Other Service 100% covered 80% of network of the service 80% of network of the service Not covered 80% of network of the service 80% of network of the service of the	harges* harges* harges*	Not covered 60% of allow Not covered 60% of allow of allow 10% of allo	ed pwable charges* pwable charges* pwable charges* pwable charges*
Preventive Care/Well-Baby /Immunizations Physician Office Visits Specialist Office Visits Telemedicine Outpatient Psychiatric and Substance Abuse Durable Medical Equipment	Professional a 100% covered \$20 copayment \$20 copayment \$10 copayment \$20 copayment \$20 copayment \$20 copayment	and Other Service 100% covered 80% of network of the Not covered	harges* harges* harges*	Not covered 60% of allow Not covered 60% of allow 60% of	ed pwable charges* pwable charges* pwable charges* pwable charges*
Preventive Care/Well-Baby /Immunizations Physician Office Visits Specialist Office Visits Telemedicine Outpatient Psychiatric and Substance Abuse Durable Medical Equipment	Professional a 100% covered \$20 copayment \$20 copayment \$10 copayment \$20 copayment \$20 copayment \$20 copayment \$20 copayment Prescr	and Other Service 100% covered 80% of network of the Not covered	harges* harges* harges* harges* harges*	Not covered 60% of allo 60% of allo Not covered 60% of allo Not covered	ed pwable charges* pwable charges* ed pwable charges* pwable charges* pwable charges*
Preventive Care/Well-Baby /Immunizations Physician Office Visits Specialist Office Visits Telemedicine Outpatient Psychiatric and Substance Abuse Durable Medical Equipment	Professional a 100% covered \$20 copayment \$20 copayment \$10 copayment \$20 copayment \$20 copayment \$20 copayment \$20 copayment Prescr	and Other Service 100% covered 80% of network of the Not covered	harges* harges* harges*	Not covered 60% of allo 60% of allo Not covered 60% of allo Not covered	ed pwable charges* pwable charges* ed pwable charges*
Preventive Care/Well-Baby /Immunizations Physician Office Visits Specialist Office Visits Telemedicine Outpatient Psychiatric and Substance Abuse Durable Medical Equipment	Professional a 100% covered \$20 copayment \$20 copayment \$10 copayment \$20 copayment \$20 copayment \$20 copayment \$20 copayment Prescr	and Other Service 100% covered 80% of network of the Not covered	harges* harges* harges* harges* harges*	Not covered 60% of allow Not covered 60% of allow Not covered 10% of allow Not covered 11%.	ed pwable charges* pwable charges* ed pwable charges* pwable charges* pwable charges*
Preventive Care/Well-Baby /Immunizations Physician Office Visits Specialist Office Visits Telemedicine Outpatient Psychiatric and Substance Abuse Durable Medical Equipment Home Health Care	Professional a 100% covered \$20 copayment \$20 copayment \$10 copayment \$20 copayment \$20 copayment Prescr Preventive Prescr	and Other Service 100% covered 80% of network of the service 80% of network of the service	harges* harges* harges* harges* harges*	Not covered 60% of allow Not covered 60% of allow Not covered 11	ed pwable charges* pwable charges* ed pwable charges* pwable charges* ed Tier III

^{*} A plan year deductible must be met before Tier II and Tier III plan benefits apply. Benefit limits are measured on a plan year basis.

^{**} Using out-of-network services may significantly increase your out-of-pocket expense. Amounts over the plan's allowable charges do not count toward your plan year out-of-pocket maximum; this varies by plan and geographic region.

^{***} Medications received at CVS Caremark® Pharmacy or through CVS Caremark® Mail Service Pharmacy.

Teachers' Choice Health Plan (TCHP) Benefits

Teachers' Choice Health Plan (TCHP) members may choose any physician or hospital for medical services; however, when receiving services from a TCHP in-network provider, members receive enhanced benefits, resulting in lower out-of-pocket costs. TCHP has a nationwide network of providers through Aetna PPO. Benefits are outlined in the plan's Summary Plan Document (SPD). It is the member's responsibility to know and follow the specific requirements of the TCHP. For a copy of the SPD, contact the plan administrator (see page 11).

Plan Year Deductible					
In-Network Individual \$500 per enrollee			(vork Individual er enrollee
Out-of-Pocket Maximum Limits					
In-Network Individual \$1,200		n-Network Family \$2,750	Out-of-Network Individual \$4,400		Out-of-Network Family \$8,800
Hospital Service	s (Perc	entages listed rep	oresent how mu	ch is cov	ered by the plan)
	In-l	Network		Out-of-N	etwork*
Emergency Room Services	\$40	00 per visit; Deductible	applies	\$400 per v	isit; Deductible applies
		80% covered; Deductible applies after \$200 per admission		60% of allowable charges; Deductible applies after \$400 per admission	
Inpatient Alcohol and Substance Abo	use 80% afte	80% covered; Deductible applies after \$200 per admission		60% of allowable charges; Deductible applies after \$400 per admission	
Inpatient Psychiatric Admission				60% of allowable charges; Deductible applies after \$400 per admission	
Outpatient Surgery	80%	80% covered; Deductible applies		60% of allowable charges; Deductible applies	
Skilled Nursing Facility	80%	80% covered; Deductible applies		60% of allowable charges; Deductible applies	
Diagnostic Lab and X-ray	80%	80% covered; Deductible applies		60% of allowable charges; Deductible applies	
		Transplan	t Services		
Transplants adm		f-network. Benefits n	ot available	acilities as determined by plan unless approved by Notification evaluation services.	
		Professional and	l Other Service	s	
		In-Network		Out-of-N	etwork*

Professional and Other Services				
	In-Network	Out-of-Network*		
Preventive Care/Well-Baby/Immunizations	100% covered	60% covered; Deductible applies		
Physician Office Visit	80% covered; Deductible applies	60% covered; Deductible applies		
Specialist Office Visit	80% covered; Deductible applies	60% covered; Deductible applies		
Telemedicine	\$10 copayment; Deductible applies	Does Not Apply		
Outpatient Psychiatric and Substance Abuse	80% covered; Deductible applies	60% covered; Deductible applies		
Durable Medical Equipment	80% covered; Deductible applies	60% covered; Deductible applies		
Home Health Care	80% covered; Deductible applies	60% covered; Deductible applies		
Prescription Drugs				

Preventive Prescription Drugs - \$0 | Out-of-Pocket Maximum - \$1,500

TCHP applies 20% coinsurance to the retail cost of the drug not to exceed the maximum copayment or be less than the minimum copayment.

	Tier I	Tier II	Tier III
Copayments (30-day supply)	Greater of 20% or \$7	Greater of 20% or \$14	Greater of 20% or \$28
Copayments (90-day supply)	Greater of 20% or \$14	Greater of 20% or \$28	Greater of 20% or \$56
Maintenance Choice (90-day supply)**	Greater of 10% or \$14	Greater of 10% or \$28	Greater of 10% or \$56

^{*} Using out-of-network services may significantly increase your out-of-pocket expense. Amounts over the plan's allowable charges do not count toward your plan year out-of-pocket maximum; this varies by plan and geographic region.

^{**} Medications received at CVS Caremark® Pharmacy or through CVS Caremark® Mail Service Pharmacy.

Vision

Vision coverage is provided at no cost to all benefit recipients enrolled in a TRIP health plan. The plan is administered by EyeMed.

All enrolled benefit recipients and dependents receive the same vision coverage regardless of the health plan selected. All vision benefits are available once every 24 months from the last date used. Copayments are required.

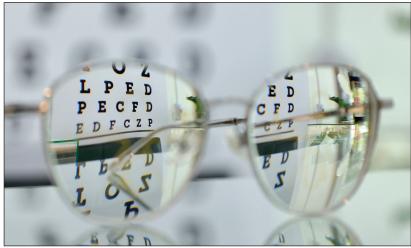
In-Network	Out-of-Network**	Benefit Frequency
\$10 copayment	\$20 allowance	Once every 12 months
\$10 copayment (up to \$110 retail frame cost; member responsible for balance over \$110)	\$20 allowance	Once every 24 months
\$10 copayment	\$20 allowance for single vision lenses \$30 allowance for bifocal and trifocal lenses	Once every 12 months
\$20 copayment for medically necessary	\$70 allowance	Once every 12 months
\$50 copayment for elective contact lenses \$90 allowance for all other		
	\$10 copayment \$10 copayment (up to \$110 retail frame cost; member responsible for balance over \$110) \$10 copayment \$20 copayment for medically necessary \$50 copayment for elective contact lenses	\$10 copayment (up to \$110 retail frame cost; member responsible for balance over \$110) \$10 copayment \$20 allowance \$20 allowance for single vision lenses \$30 allowance for bifocal and trifocal lenses \$70 allowance \$70 allowance \$70 allowance \$90 allowance for all other

Additional Vision Benefits

EyeMed offers additional coverage for Progressive Lenses, Premium Anti-Reflective Coating, and coverage for Photochromic and Polarized lenses. For more information on this program visit eyemedvisioncare.com/stil or contact EyeMed at 1-866-723-0512

- * Vision Lenses: Member pays all optional lens enhancement charges. In-network providers may offer additional discounts on lens enhancements and multiple pair purchase.
- ** Out-of-network claims must be filed within one year from the date of service.





Dental

TRIP's Teachers' Choice Health Plan (TCHP) offers a comprehensive range of benefits and is available to all members. The plan is administered by Delta Dental of Illinois. You can find the Dental Schedule of Benefits at MyBenefits.illinois.gov.

The dental plan has a plan year deductible. Once the deductible has been met, each member is subject to a combined maximum dental benefit, including orthodontia, for both in-network and out-of-network providers. The maximum lifetime benefit for child orthodontia is \$2,000 and is subject to course of treatment limitations.

Deductible and Plan Year Maximum				
Plan year deductible for preventive services	N/A			
Plan year deductible for all other covered services \$100				
Plan Year Maximum Benefit (Orthodontics + All Other Covered Expenses = Maximum Benefit)				
In-network plan year maximum benefit \$2,000				

It is strongly recommended that plan members obtain a pretreatment estimate through Delta Dental for any service more than \$200. Failure to obtain a pretreatment estimate may result in unanticipated out-of-pocket costs

A New Enhanced Delta Dental Benefits Program

The Delta Dental of Illinois' Enhanced Benefits Program integrates medical and dental care – where oral health meets overall health. This program enhances coverage for individuals who have specific health conditions that can be positively affected by additional oral health care. These enhancements are based on scientific evidence that shows treating and preventing oral disease in these situations can improve overall health. For more information on this program visit www.deltadentalil.com or contact Delta Dental at 1-800-323-1743.





Teachers' Retirement Insurance Program

Medicare Requirements

Each benefit recipient must contact the Social Security Administration (SSA) and apply for Medicare benefits upon turning age 65. If the SSA determines that a benefit recipient is eligible for Medicare at a premium-free rate, TRIP requires that the benefit recipient enroll in Medicare benefits. Once enrolled, the benefit recipient is required to send a front-side copy of the Medicare identification card to the Teachers' Retirement System (TRS) (see page 11 for contact information).

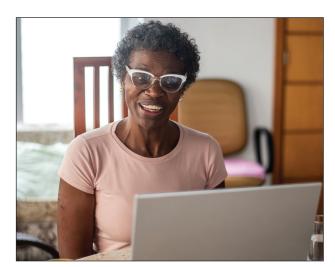
Retirees are encouraged to enroll in Medicare Parts A and B in order to receive a reduced TRIP premium rate.

If the SSA determines that a benefit recipient is not eligible for premium-free Medicare Part A based on his/her own work history or, the work history of a spouse at least 62 years of age (when applicable), the benefit recipient must request a written statement of the Medicare ineligibility from the SSA. Upon receipt, the written statement must be forwarded to the Teachers' Retirement System (TRS) to avoid a financial penalty. Benefit recipients who are ineligible for premium-free Medicare Part A benefits, as determined by the SSA, are not required to enroll into Medicare.

For more information regarding the Medicare Advantage Prescription Drug "TRAIL" Program, go to https://cms.illinois.gov/benefits/trail.html, or contact:

State of Illinois Medicare COB Unit PO Box 19208 Springfield, Illinois 62794-9208 CMS.Ben.MedicareCOB@illinois.gov

Fax: 217-557-3973







The State of Illinois' ongoing comprehensive approach to wellness.

The State of Illinois cares about you and your health.

Be Well Illinois is designed to not only focus on supporting your physical health but also your mental, financial, and social wellbeing. As a wellness plan member, you can use this site to access health plan information and educational resources including wellness webinars, monthly health awareness causes, financial wellness, healthy eating, and exercise.

While the decision to make healthy lifestyle changes is your choice and not a job requirement, the hope is that by creating an environment where these choices are supported by the work culture makes it easier and supports your success.

Engaging with Be Well Illinois is easy, connect with us in one of the following ways.

- Wisit us at www.lllinois.gov/BeWell
- Follow us on Facebook at https://www.facebook.com/BeWellIllinois
- ✓ Or email us at BeWell@illinois.gov

Be Well Featured Resources



Awareness Matters



Wellness Webinars



Financial Wellness



Health Plan Programs



Food For Thought



Get Moving



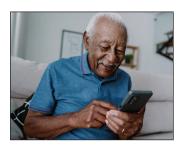
Kid's Corner



Healthcare Resources



Mental Health Resources



Retiree Wellness



Women's Health Resources



Be Well Recipes

Contacts

Purpose	Administrator Name and Address	Phone	Website
Enrollment Customer Service	MyBenefits Service Center (MBSC) P.O. Box 9927 Providence, RI 02940-4027	844-251-1777 844-251-1778 (TDD/TTY)	mybenefits.illinois.gov
Health Plan	Aetna HMO (Group Number 285655) Aetna OAP (Group Number 285651) Teachers' Choice Health Plan (TCHP) - Aetna PPO (Group Number 285659) Address for all Aetna Plans: PO Box 981106, El Paso, TX 79998-1106	855-339-9731 800-628-3323 (TDD/TTY) Fax: 859-455-8650 attn: Claims	aetnastateofillinois.com
	BlueAdvantage HMO (Group Number B06802) HMO Illinois (Group Number H06802)	800-868-9520 866-876-2194 (TDD/TTY) 855-810-6537	bcbsil.com/ stateofillinois
	Blue Cross Blue Shield OAP (Group Number 263998) Address for all Blue Cross Plans: PO Box 805107, Chicago, IL 60680-4112	033-010-0337	
	HealthLink OAP (Group Number 160002) PO Box 419104, St. Louis, MO 63141-9104	877-379-5802 877-232-8388 (TDD/TTY)	healthlink.com/soi/ learn-more
Prescription Drug Plan	CVS Caremark® (for TCHP or OAP Plans) Group Numbers: (TCHP 1402TD3) (Aetna OAP 1402TCH) (BCBSIL OAP TRIP=1402TCJ) (HealthLink OAP 1402TCF) Paper Claims: CVS Caremark® PO Box 52136, Phoenix, AZ 85072-2136 Mail Order Rx: CVS Caremark® PO Box 94467, Palatine, IL 60094-4467	877-232-8128 800-231-4403 (TDD/TTY)	<u>caremark.com</u>
Vision Plan	EyeMed Out-of-Network Claims PO Box 8504 Mason, OH 45040-7111	866-723-0512 TTY users, call 711	eyemedvisioncare. com/stil
Dental Plan	Delta Dental of Illinois Group Number 20544 PO Box 5402 Lisle, IL 60532	800-323-1743 800-526-0844 (TDD/TTY)	soi.deltadentalil.com
Teachers' Retirement System (TRS)	2815 West Washington Street PO Box 19253, Springfield, IL 62794-9253	877-927-5877 (877-9-ASK-TRS) 866-326-0087 (TDD/TTY)	trsil.org

Federally Required Notices

Summary of Benefits and Coverage (SBC) and Glossary

Prescription Drug information for State of Illinois Medicare-eligible Plan Participants

This Notice confirms that the Teachers' Retirement Insurance Program (TRIP) has determined that the prescription drug coverage it provides is Creditable Coverage. This means that the prescription coverage offered through TRIP is, on average, as good as, or better than the standard Medicare prescription drug coverage (Medicare Part D). You can keep your existing group prescription coverage and choose not to enroll in a Medicare Part D plan.

Because your existing coverage is Creditable Coverage, you will not be penalized if you later decide to enroll in a Medicare prescription drug plan. However, you must remember that if you drop your coverage through TRIP and experience a continuous period of 63 days or longer without Creditable Coverage, you may be penalized if you enroll in a Medicare Part D plan later. If you choose to drop your TRIP coverage, the Medicare Special Enrollment Period for enrollment into a Medicare Part D plan is two months after your TRIP coverage ends.

If you keep your existing group coverage through TRIP, it is not necessary to join a Medicare prescription drug plan this year. Plan participants who decide to enroll in a Medicare prescription drug plan may need to provide a copy of the Notice of Creditable Coverage to enroll in the Medicare prescription plan without a financial penalty. Participants may obtain a Benefits Confirmation Statement as a Notice of Creditable Coverage by contacting the MyBenefits Service Center (toll-free) 844-251-1777, or 844-251-1778 (TDD/TTY).

Summary of Benefits and Coverage (SBC) and Glossary

Under the Affordable Care Act, health insurance issuers and group health plans are required to provide you with an easy-to-understand summary about a health plan's benefits and coverage. The summary is designed to help you better understand and evaluate your health insurance choices.

The forms include a short, plain language Summary of Benefits and Coverage (SBC) and a glossary of terms commonly used in health insurance coverage, such as "deductible" and "copayment."

All insurance companies and group health plans must use the same standard SBC form to help you compare health plans. The SBC form also includes details, called "coverage examples," which are comparison tools that allow you to see what the plan would generally cover in two common medical situations. You have the right to receive the SBC when shopping for, or enrolling in coverage, or if you request a copy from your issuer or group health plan. You may also request a paper copy of the SBCs and glossary of terms from your health insurance company or group health plan. All TRIP health plan SBCs are available on MyBenefits.illinois.gov.

Notice of Privacy Practices

The Notice of Privacy Practices will be updated at MyBenefits.illinois.gov, effective July 1, 2025. You have a right to obtain a paper copy of this Notice, even if you originally obtained the Notice electronically. We are required to abide by the terms of the Notice currently in effect; however, we may change this Notice. If we materially change this Notice, we will post the revised Notice on our website at MyBenefits.illinois.gov.

Benefit Choice Fairs

CMS sponsored Benefit Choice Open Enrollment Member Fairs are scheduled from **9:00 am to 4:00 pm**, with two identical presentations given at **11:00 am and 2:00 pm**. Events are open to all active and retired members not enrolled in the Medicare Advantage Prescription Drug (MAPD) plan. CMS representatives, as well as various benefit vendors, will be present during the in-person fairs to answer questions.

Date		Agency/ Location	Address
Thursday	May 1, 2025	Virtual Recording	https://cms.illinois.gov/benefits/benefit-choice-fairs.html
Friday	May 2, 2025	Stratton - Springfield	401 S. Spring St, Stratton Building, 4th Floor, Room 413, Springfield, 62701
Monday	May 5, 2025	GSU - University Park	1 University Parkway, Engbretson Hall & Hall of Honors, University Park, 60484
Tuesday	May 6, 2025	Downtown - Chicago	555 W. Monroe, Lincoln & Chicago Conference Rooms, 4th Floor, Chicago, 60661
Wednesday	May 7, 2025	CSU - Chicago	9501 South King Drive, Gwendolyn Brooks Library, 4th Floor, Rooms 410 & 415, Chicago, 60628
Thursday	May 8, 2025	NEIU - Chicago	5500 N. St. Louis Ave, Rooms SU003 & SU214, Chicago, 60625
Friday	May 9, 2025	NIU - Dekalb	340 Carroll Ave, Holmes Student Center, Regency Room & Carl Sandburg Auditorium, Dekalb, 60115
Monday	May 12, 2025	ISU - Normal	100 N. University St, Bone Student Center, Prairie Room, Normal, 61790
Tuesday	May 13, 2025	DHS - Elgin	750 S. State St, Rehabilitation Building, Rehab Auditorium, Elgin 60123
Wednesday	May 14, 2025	Downtown - Chicago	160 N. LaSalle St, 5th Floor Auditorium & Room N505, Chicago, 60601
Thursday	May 15, 2025	UIC - Chicago	1200 West Harrison St, Student Services Building Rooms A, B & C, Chicago, 60607
Friday	May 16, 2025	WIU - Moline	3300 River Drive, W Riverfront Hall, Goldfarb Grand Atrium, Moline, 61265
Monday	May 19, 2025	IDOT- Collinsville	1102 Eastport Plaza Drive, IDOT District 8, Class Room, Lunch Room and Foyer, Collinsville, 62234
Tuesday	May 20, 2025	SIU - Carbondale	1255 Lincoln Drive, Student Center, Ballroom B & Corker Lounge, Carbondale, 62901
Wednesday	May 21, 2025	EIU - Charleston	600 Lincoln Ave, Martin Luther King Jr. University Union, Grand Ballroom & Room 1895, Charleston, 61920
Wednesday	May 21, 2025	Virtual Recording	https://cms.illinois.gov/benefits/benefit-choice-fairs.html
Thursday	May 22, 2025	UIUC - Champaign	iHotel 1900 S. First St, Quad & Technology Rooms, Champaign, 61820
Friday	May 23, 2025	UIS - Springfield	2251 Richard Wright Dr, Student Union, Rooms 224, 224 & 226, Springfield, 62703
Monday	May 26, 2025	Memorial Day	CLOSED. No Member Fairs Scheduled.
Tuesday	May 27, 2025	IDOT - Springfield	2300 S. Dirksen Parkway, Auditorium, Springfield, 62764
Wednesday	May 28, 2025	DVA - Quincy	1707 N. 12th Street, Lippincott Building, Quincy, 62301
Thursday	May 29, 2025	IDOT - Peoria	401 Main St, Becker Building, 6th Floor, Peoria, 61602
Friday	May 30, 2025	WIU - Macomb	911 W. Murray St, Multicultural Center, Macomb, 61455

The two virtual recordings will begin at 11:00 am.

To join the virtual recordings for the Member Fairs, please scan the QR code:

or use https://cms.illinois.gov/benefits/benefit-choice-fairs.html





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