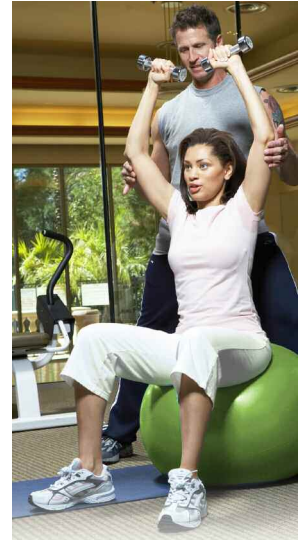




State of Illinois

Department of Central Management Services  
Bureau of Benefits



# Benefit Choice Options

Enrollment Period May 1 – June 15, 2012 | Effective July 1, 2012

## State of Illinois



# Plan Administrators

Who to contact for information

Managed Care Plan Administrators	Toll-Free Telephone Number	TDD/TTY Number	Website Address
<b>BlueAdvantage HMO</b>	(800) 868-9520	(866) 876-2194	<a href="http://www.bcbsil.com/stateofillinois">www.bcbsil.com/stateofillinois</a>
<b>Coventry Health Care HMO</b> (formerly PersonalCare HMO)	(800) 431-1211	(217) 366-5551	<a href="http://chcillinois.coventryhealthcare.com">chcillinois.coventryhealthcare.com</a>
<b>Coventry Health Care OAP</b> (formerly PersonalCare OAP)	(800) 431-1211	(217) 366-5551	<a href="http://chcillinois.coventryhealthcare.com">chcillinois.coventryhealthcare.com</a>
<b>Health Alliance HMO</b>	(800) 851-3379	(217) 337-8137	<a href="http://www.healthalliance.org">www.healthalliance.org</a>
<b>Health Alliance Illinois</b>	(800) 851-3379	(217) 337-8137	<a href="http://www.healthalliance.org">www.healthalliance.org</a>
<b>HealthLink OAP</b>	(800) 624-2356	(800) 624-2356 ext. 6280	<a href="http://www.healthlink.com">www.healthlink.com</a>
<b>HMO Illinois</b>	(800) 868-9520	(866) 876-2194	<a href="http://www.bcbsil.com/stateofillinois">www.bcbsil.com/stateofillinois</a>

Plan Component	Administrator's Name and Address	Customer Service Phone Numbers	Website Address
<b>Vision Plan</b>	<b>EyeMed</b> Out-of-Network Claims P.O. Box 8504 Mason, OH 45040-7111	(866) 723-0512 (800) 526-0844 (TDD/TTY)	<a href="http://www.eyemedvisioncare.com/stil">www.eyemedvisioncare.com/stil</a>
<b>Quality Care Dental Plan (QCDP) Administrator</b>	<b>Delta Dental of Illinois</b> Group Number 20240 P.O. Box 5402 Lisle, IL 60532	(800) 323-1743 (800) 526-0844 (TDD/TTY)	<a href="http://soi.deltadentalil.com">http://soi.deltadentalil.com</a>
<b>Life Insurance Plan</b>	<b>Minnesota Life Insurance Company</b> 536 Bruns Lane, Unit 3 Springfield, IL 62702	(888) 202-5525 (800) 526-0844 (TDD/TTY)	<a href="http://www.lifebenefits.com">www.lifebenefits.com</a>
<b>Flexible Spending Accounts (FSA) Program</b>	<b>Fringe Benefits Management Company</b> A Division of Wageworks P.O. Box 1810 Tallahassee, FL 32302-1810	(800) 342-8017 (800) 955-8771 (TDD/TTY) (850) 514-5817 (fax) (866) 440-7152 (toll-free fax)	<a href="http://www.myFBMC.com">www.myFBMC.com</a>
<b>Commuter Savings Program (CSP)</b>			
<b>Health/Dental Plans, Medicare COB Unit, FSA and CSP Unit, Premium Collection Unit, Life Insurance, Adoption Benefit and Smoking Cessation Benefit</b>	<b>CMS Group Insurance Division</b> 801 South 7th Street P.O. Box 19208 Springfield, IL 62794-9208	(217) 782-2548 (800) 442-1300 (800) 526-0844 (TDD/TTY)	<a href="http://www.benefitschoice.il.gov">www.benefitschoice.il.gov</a>

Plan administrator information continued on inside back cover.

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# Message to Plan Members



The Benefit Choice Period will be **May 1 through June 15, 2012**, for all members. Members include employees (full-time employees, part-time employees working 50% or greater and employees on leave of absence), annuitants, survivors and COBRA participants. **Elections will be effective July 1, 2012.**

Unless otherwise indicated, all Benefit Choice changes should be made on the Benefit Choice Election Form available on the Benefits website. Members should complete the form **only if changes** are being made. Your agency/university group insurance representative (GIR) will process the changes based upon the information indicated on the form. Members may obtain GIR names and locations by either contacting the agency's personnel office or viewing the GIR listing on the Benefits website located at [www.benefitschoice.il.gov](http://www.benefitschoice.il.gov).

## Members may make the following changes during the Benefit Choice Period:

- Change health plans.
- Add or drop dental coverage.
- Add or drop dependent coverage. **Note:** Survivors may add a dependent only if that dependent was eligible for coverage as a dependent under the original member.
- Add, drop, increase or decrease Member Optional Life insurance coverage.
- Add or drop Child Life, Spouse Life and/or AD&D insurance coverage.
- Elect to opt out (full-time employees (including those on leave of absence), annuitants and survivors only). **The election to opt out will terminate the health, dental, vision and prescription coverage for the member and any covered dependents** (see page 5). **Note:** Members must provide proof of other comprehensive health coverage in order to opt out.
- Elect to waive health, dental, vision and prescription coverage (part-time employees 50% or greater, annuitants and survivors).
- Re-enroll in the Program if previously opted out of or waived coverage. Members have the option of not electing dental coverage upon re-enrollment into the health plan.
- Re-enroll in the Program if coverage is currently terminated due to nonpayment of premium while on leave of absence (employees only – subject to eligibility criteria). Any outstanding premiums plus the July premium must be paid before coverage will be reinstated. **Note:** Survivors and annuitants are not eligible to re-enroll if previously terminated due to nonpayment of premium.
- Enroll in MCAP and/or DCAP. Employees must enroll each year; previous enrollment in the program does not continue into the new plan year.

## Documentation Requirements

- Documentation, including the SSN, is required when adding dependent coverage.
- An approved statement of health is required to add or increase Member Optional Life coverage or to add Spouse Life or Child Life coverage.
- If opting out, proof of other comprehensive health coverage provided by an entity other than the Department of Central Management Services, is required.

# Benefit Choice Changes for Plan Year 2013

(Enrollment Period May 1 – June 15, 2012)

The information below represents changes to the State of Illinois benefit plans. Please carefully review all the information in this booklet to be aware of the benefit changes. **The Benefit Choice Period will be May 1 through June 15, 2012.** All elections will be effective July 1, 2012.

- **Managed Care Contracts** In an effort to ensure that health carriers are in place for the start of the next fiscal year (July 1, 2012), a decision has been made to enter into emergency contracts with Health Alliance HMO, Health Alliance Illinois and Coventry Health Care HMO. These contracts will be for 90 days with an option to extend for an additional period as needed. During the FY 2013 Benefit Choice Period, members may choose from the following carriers: HealthLink OAP, Coventry Health Care OAP, HMO Illinois, BlueAdvantage HMO, Health Alliance HMO, Health Alliance Illinois, Coventry Health Care HMO or the Quality Care Health Plan.
- **HMO Illinois and BlueAdvantage HMO Medical Group Code** Members and/or dependents enrolling in HMO Illinois or BlueAdvantage HMO must enter a 3-digit medical group code on the Benefit Choice Election Form. Medical group codes can be found on the provider directory page of the plan administrator's website. Members may call HMO Illinois or BlueAdvantage HMO for assistance.
- **Medical Care Assistance Program (MCAP)** The annual election amount for plan year 2013 has been reduced to \$2,500 in accordance with the Affordable Care Act.
- **Federal Healthcare Reform** Effective July 1, 2012, the copayment for compound drugs will be at the nonpreferred drug level due to compound drug billing layout changes as a result of federal healthcare reform. Patients who are prescribed compound drugs are encouraged to contact their doctor for less expensive alternatives. Please note, a compound drug is one which requires a prescription from a doctor and is prepared by a pharmacist, who mixes or adjusts drug ingredients to customize a medication to meet a patient's individual needs.

## Important Reminders

**Transition of Care after Health Plan Change:** Members and their dependents who elect to change health plans and are then hospitalized prior to July 1 and are discharged on or after July 1, should contact both the current and future health plan administrators and primary care physicians as soon as possible to coordinate the transition of services.

Members or dependents involved in an ongoing course of treatment or who have entered the third trimester of pregnancy should contact the new plan to coordinate the transition of services for treatment.

**COBRA Participants:** During the Benefit Choice Period, COBRA participants have the same benefit options available to them as all other members with the exception of life insurance coverage, which is not available to COBRA participants. COBRA health and dental rates for the 2013 plan year will be available on or after June 1, 2012, by calling (217) 558-6194.

**Beneficiary Designations:** You should periodically review all beneficiary designations and make the appropriate updates. Remember, you may have death benefits through various state-sponsored programs, each having a separate beneficiary form:

- State of Illinois life insurance
- Retirement benefits
- Deferred Compensation

# Member Responsibilities

You must notify the group insurance representative (GIR) at your employing agency, university or retirement system if:

- **You and/or your dependents experience a change of address.**
- **Your dependent loses eligibility.** Dependents that are no longer eligible under the Program (including divorced spouses or partners of a dissolved civil union or domestic partner relationship) must be reported to your GIR immediately. **Failure to report an ineligible dependent is considered a fraudulent act. Any premium payments you make on behalf of the ineligible dependent which result in an overpayment will not be refunded. Additionally, the ineligible dependent may lose any rights to COBRA continuation coverage.**
- **You go on a leave of absence or have time away from work.** When you go on a leave of absence and are not receiving a paycheck or are ineligible for payroll deductions, you are still responsible to pay for your group insurance coverage. You should immediately contact your GIR for your options, if any, to make changes to your current coverage. Requested changes will be effective the date of the written request if made within 60 days of beginning the leave. You will be billed by CMS for the cost of your current coverage. **Failure to pay the bill may result in a loss of coverage and/or the filing of an involuntary withholding order through the Office of the Comptroller.**
- **You have or gain other coverage.** If you have group coverage provided by a plan other than the Program, or if you or your dependents gain other coverage during the plan year.
- **You experience a change in Medicare status.** A copy of the Medicare card must be provided to the Medicare Coordination of Benefits Unit when a change in your or your dependent's Medicare status occurs. **Failure to notify the Medicare Coordination of Benefits Unit at Central Management Services of your Medicare eligibility may result in substantial financial liabilities.** The Medicare Unit's address and phone number can be found on the inside front cover.
- **You get married or enter into a civil union partnership; or your marriage, domestic partnership or civil union partnership is dissolved.**
- **You have a baby or adopt a child.**
- **The employment status of your dependent changes.**

Contact your GIR if you are uncertain whether or not a life-changing event needs to be reported.



# Opt Out and Annuitant Waiver

## Opt Out

In accordance with Public Act 92-0600, full-time employees, retirees, annuitants and survivors may elect to Opt Out of the State Employees Health Insurance Program if proof of other major medical insurance by an entity other than the Department of Central Management Services is provided. **This election will terminate health, dental and vision coverage for the member and any dependents.**

Members opting out of the Program continue to be enrolled with Basic Life insurance coverage only and may elect Optional Life coverage.

If you opt out of the Program you will **not be eligible** for the:

- Free influenza immunizations offered annually
- COBRA continuation of coverage
- Smoking Cessation Program

However, if you are an employee, you will **still be eligible** for the:

- Flexible Spending Account (FSA) Program
- Commuter Savings Program (CSP)
- Paid maternity/paternity benefit
- Employee Assistance Program
- Adoption Benefit Program

## Opt Out With Financial Incentive

### SERS Annuitants not eligible for Medicare

In accordance with Public Act 94-0109, members not eligible for Medicare receiving a retirement annuity from the State Employees' Retirement System (SERS) who are enrolled in the State Employees Health Insurance Program and have other comprehensive medical coverage may elect to OPT OUT of the Health Insurance Program and receive a financial incentive of \$150 per month. Opting out includes health, vision and dental coverage for the annuitant and any dependents. Make sure to mark the 'Opt Out with Financial Incentive' box on the Benefit Choice Election Form if you are interested in this option. The Insurance Section of SERS will send you additional forms to complete that are required for this election.

## Annuitant Waiver

Public Act 93-553 allows annuitants who were currently enrolled as a dependent of their State-covered spouse to remain a dependent and waive coverage in their own right, thereby decreasing the cost of coverage for an annuitant with less than 20 years of service.

New annuitants who have been enrolled for a year or more as a dependent and wish to remain enrolled as a dependent once becoming an annuitant must indicate on the Participation Election Form (provided by the retirement system) their desire to waive health, dental and vision coverage as an annuitant. The annuitant's spouse cannot carry Spouse Life on the annuitant; however, the annuitant will have Basic Life coverage and may apply for additional Optional Life coverage, if eligible.

## Re-enrolling in the Health Plan

Individuals who opt out or waive under any of these Public Acts may re-enroll in the Program only during the Benefit Choice Period or within 60 days of experiencing an eligible qualifying change in status. Any outstanding premiums must be paid before you will be allowed to re-enroll. **Note:** Survivors and annuitants are not eligible to re-enroll if previously terminated for nonpayment of premium.

# Member and Dependent Monthly Contributions

While the State covers most of the cost of employee health coverage, employees must also make a monthly salary-based contribution. Employees who retire, accept a voluntary salary reduction or return to State employment at a different salary may have their monthly contribution adjusted based upon the new salary (this applies to employees who return to work after having a 10-day or greater break in State service after terminating employment – this **does not** apply to employees who have a break in coverage due to a leave of absence).

Employee Annual Salary	Full-time Employee Monthly Health Plan Contributions*	
\$30,200 & below	Managed Care: \$47.00	Quality Care: \$72.00
\$30,201 - \$45,600	Managed Care: \$52.00	Quality Care: \$77.00
\$45,601 - \$60,700	Managed Care: \$54.50	Quality Care: \$79.50
\$60,701 - \$75,900	Managed Care: \$57.00	Quality Care: \$82.00
\$75,901 & above	Managed Care: \$59.50	Quality Care: \$84.50

**Note:** Employees who reside in Illinois but do not have access to a managed care plan may be eligible for a lower health plan contribution. Contact the CMS Group Insurance Division, Analysis and Resolution Unit at (800) 442-1300 or (217) 558-4671, for assistance.

Retiree, Annuitant and Survivor Monthly Health Plan Contribution	
20 years or more of creditable service	\$0.00
Less than 20 years of creditable service and, <ul style="list-style-type: none"> <li>SERS/SURS annuitant/survivor on or after 1/1/98,</li> <li>or</li> <li>TRs annuitant/survivor on or after 7/1/99</li> </ul>	Required to pay a percentage of the cost of the basic coverage.

Call the appropriate retirement system for applicable premiums.  
**SERS: (217) 785-7444; SURS: (800) 275-7877; TRS: (800) 877-7896**

## Monthly Optional Term Life Plan Contributions

Member by Age	Monthly Rate Per \$1,000
Under 30	\$0.06
Ages 30 - 34	0.08
Ages 35 - 44	0.10
Ages 45 - 49	0.16
Ages 50 - 54	0.24
Ages 55 - 59	0.44
Ages 60 - 64	0.66
Ages 65 - 69	1.28
Ages 70 - 74	2.06
Ages 75 - 79	2.06
Ages 80 - 84	2.06
Ages 85 - 89	2.06
Ages 90 and above	2.06

AD&D Monthly Rate Per \$1,000	
Accidental Death & Dismemberment	0.02

Spouse Life Monthly Rate	
Spouse Life \$10,000 coverage (Employees and Annuitants under age 60)	6.00
Spouse Life \$5,000 coverage (Annuitants age 60 and older)	3.00

Child Life Monthly Rate	
Child Life \$10,000 coverage	0.70



# Member and Dependent Monthly Contributions

The monthly dependent contribution is **in addition** to the member health plan contribution. Dependents must be enrolled in the same plan as the member. **The Medicare dependent contribution applies only if Medicare is PRIMARY for both Parts A and B.** Members with questions regarding Medicare status may contact the CMS Group Insurance Division, Medicare Coordination of Benefits (COB) Unit at (800) 442-1300 or (217) 782-7007.

## Dependent Monthly Health Plan Contributions\*

Health Plan Name and Code	One Dependent	Two or more Dependents	One Medicare A and B Primary Dependent	Two or more Medicare A and B Primary Dependents
BlueAdvantage HMO (Code: CI)	\$ 80	\$110	\$ 75	\$110
Coventry HMO (formerly PersonalCare) (Code: AS)	\$ 92	\$130	\$ 88	\$130
Coventry OAP (formerly PersonalCare) (Code: CH)	\$ 92	\$130	\$ 88	\$130
Health Alliance HMO (Code: AH)	\$ 94	\$133	\$ 89	\$133
Health Alliance Illinois (Code: BS)	\$103	\$145	\$100	\$145
HealthLink OAP (Code: CF)	\$105	\$149	\$102	\$149
HMO Illinois (Code: BY)	\$ 83	\$116	\$ 79	\$116
Quality Care Health Plan (Code: D3)	\$196	\$226	\$142	\$203

Member Monthly Quality Care Dental Plan (QCDP) Contributions*	
Member Only	\$11.00
Member plus 1 Dependent	\$17.00
Member plus 2 or more Dependents	\$19.50

\* Part-time employees are required to pay a percentage of the State's portion of the contribution in addition to the member contribution. Special rules apply for non-IRS dependents. See the Benefits website for more information.

# Health Plan

The State of Illinois offers its employees, annuitants and survivors health benefits through the State Employees Group Insurance Program (medical, prescription and behavioral health). Vision coverage is included at no additional cost when enrolled in the health coverage. With limited exceptions, the State makes monthly contributions toward your health premiums. Active employees, annuitants and survivors should refer to pages 6-7 for the monthly contribution amounts.

As an employee, annuitant or survivor of the State, you are offered various health insurance coverage options:

## ◆ Quality Care Health Plan (QCHP)

## ◆ Managed Care Plans (two types)

- Health Maintenance Organizations (HMOs)
- Open Access Plans (OAPs)

The health insurance options differ in the benefit levels they provide, the doctors and hospitals you can access and the cost to you. See the Benefits Comparison charts on pages 12-17 for information to help you determine which plan is right for you.

You also have the option of opting out of health coverage if you have other comprehensive health coverage provided by an entity other than the Department of Central Management Services. Electing to opt out includes the termination of health, dental, vision, behavioral health and prescription coverage. See page 5 for details. If you do not have other comprehensive health coverage, you must enroll in the State's health plan.

If you change health plans during the Benefit Choice Period, or re-elect health coverage after opting out, your new health insurance ID cards will be mailed to you directly from your health insurance carrier, not from the Department of Central Management Services. If you need to have services but have not yet received your ID cards, contact your health insurance carrier.

Remember, whatever health plan you elect during the Benefit Choice Period will remain in effect the entire plan year unless you experience a qualifying change in status that allows you to change plans.

Most expenses that you or your dependents incur outside the amounts covered by your health insurance, such as copayments and deductibles, are reimbursable through the pretax Medical Care Assistance Plan (MCAP). See the Flexible Spending Accounts section on page 26 for details.

## Disease Management Programs and Wellness Offerings

### Disease Management Programs

Disease Management Programs are utilized by the Quality Care Health Plan (QCHP) plan administrator and the managed care health plans as a way to improve the health of plan participants. You may be contacted by your health plan to participate in these programs.

### Wellness Offerings

Wellness options and preventive measures are offered and encouraged by the QCHP plan administrator and the managed care plans. Offerings range from health risk assessments to educational materials and, in some cases, discounts on items such as gym memberships and weight loss programs. These offerings are available to plan participants and are provided to help you take control of your personal health and well-being. Information about the various offerings is available on the plan administrators' websites listed on the inside cover of this book and on the Benefits website.

# Health Plan Descriptions

There are several health plans available based on geographic location. All plans offer comprehensive benefit coverage. Managed care plans have limitations including geographic availability and defined provider networks, whereas the Quality Care Health Plan has a nationwide network of providers available to its members.

## Quality Care Health Plan (QCHP)

QCHP is the medical plan that offers a comprehensive range of benefits. Under the QCHP, plan participants can choose any physician or hospital for medical services; however, plan participants receive enhanced benefits, resulting in lower out-of-pocket costs, when receiving services from a QCHP network provider.

The QCHP has a nationwide network that consists of physicians, hospitals and ancillary providers. Notification to Intracorp, the QCHP notification administrator, is required for certain medical services in order to avoid penalties. Contact Intracorp at (800) 962-0051 for direction.

QCHP utilizes Magellan for behavioral health benefits and the Medco retail pharmacy network for prescription benefits. Plan participants can access plan benefit and participating QCHP network information, explanation of benefits (EOB) statements and other valuable health information online. **A \$75 prescription deductible applies to each plan participant.**

## Managed Care Plans

### • Health Maintenance Organizations (HMOs)

Members must select a primary care physician (PCP) from a network of participating providers. A PCP can be a family practice, general practice, internal medicine, pediatric or an OB/GYN physician. The PCP will direct all healthcare services and will make referrals for specialists and hospitalizations. When care and services are coordinated through the PCP, only a copayment applies. No annual plan deductibles apply for medical services through an HMO. The minimum level of HMO coverage provided by all plans is described on the charts on pages 12-17. Please note that some HMOs provide additional coverage, over and above the minimum requirements. **A \$50 prescription deductible applies to each plan participant.**

If a member is enrolled in an HMO and their PCP leaves the HMO plan's network, the member has three options:

- Choose another PCP within that plan;
- Change to a different managed care plan; or
- Enroll in the Quality Care Health Plan.

### • Open Access Plans (OAPs)

Open access plans combine similar benefits of an HMO with the same type of coverage benefits as a traditional health plan. Tiers I and II offer two managed care networks which provide enhanced benefits and require copayments and/or coinsurance. Tier III (out-of-network) offers members flexibility in selecting healthcare providers, but requires higher out-of-pocket costs. A deductible applies to medical services obtained through Tier II and Tier III providers.

It is important to remember that the tier level at which benefits are provided is determined by the healthcare provider selected. Members enrolled in an OAP can mix and match providers. Specific benefit levels provided under each tier are described on the charts on pages 12-17. **Regardless of the tier used, an annual \$50 prescription deductible will be applied to each plan participant for prescription coverage.**

# Behavioral Health Services

## Quality Care Health Plan

Magellan Behavioral Health is the plan administrator for behavioral health services under the Quality Care Health Plan (QCHP). Behavioral health services are included in an enrollee's annual plan deductible and annual out-of-pocket maximum. Behavioral health services are not subject to separate copayments, limits or other specific provisions. Covered services for behavioral health which meet the plan administrator's medical necessity criteria are paid in accordance with QCHP benefit schedule on pages 12-17 for in-network and out-of-network providers. Please contact Magellan for specific benefit information.

## Managed Care Plans

Behavioral health services are provided under the managed care plans. Covered services for behavioral health must meet the managed care plan administrator's medical necessity criteria and will be paid in accordance with the managed care benefit schedules on pages 12-17. Please contact the managed care plan for specific benefit information.

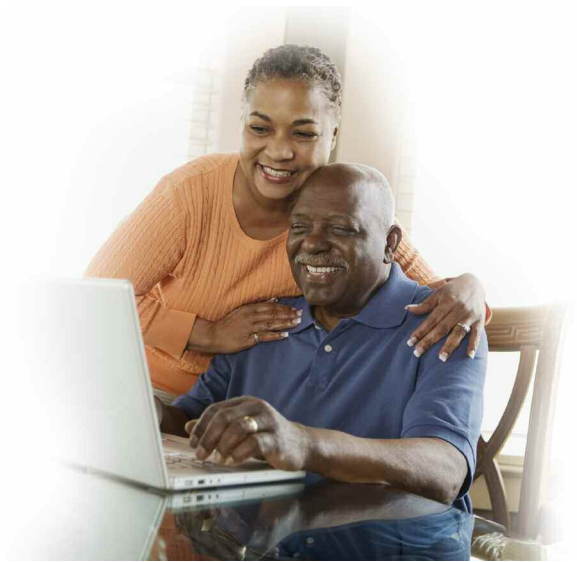
## Employee Assistance Program

There are two separate programs that provide valuable resources for support and information during difficult times for active employees and their dependents: the Employee Assistance Program (EAP) and the Personal Support Program (PSP). The EAP benefit applies to employees only and does not apply to annuitants.

**The Employee Assistance Program (EAP)** is for active employees NOT represented by the collective bargaining agreement between the State and AFSCME Council 31. These employees must contact the EAP administered by Magellan Behavioral Health.

**The Personal Support Program (PSP)** is for bargaining unit employees represented by AFSCME Council 31 and covered under the master contract agreement between the State of Illinois and AFSCME. These employees must access EAP services through the AFSCME Personal Support Program.

Both programs are free, voluntary and provide problem identification, counseling and referral services to employees and their covered dependents regardless of the health plan chosen. All calls and counseling sessions are confidential, except as required by law. No information will be disclosed unless written permission is received from the employee. Management consultation is available when an employee's personal problems are causing a decline in work performance. See the inside back cover for website and other contact information.




To access website links to plan administrators, visit the Benefits website at [www.benefitschoice.il.gov](http://www.benefitschoice.il.gov).

# Managed Care Plans in Illinois Counties

## State Managed Care Health Plans

### For Plan Year 2013

**Effective 2/1/13, some counties health plan options changed. Click here to view new map.**

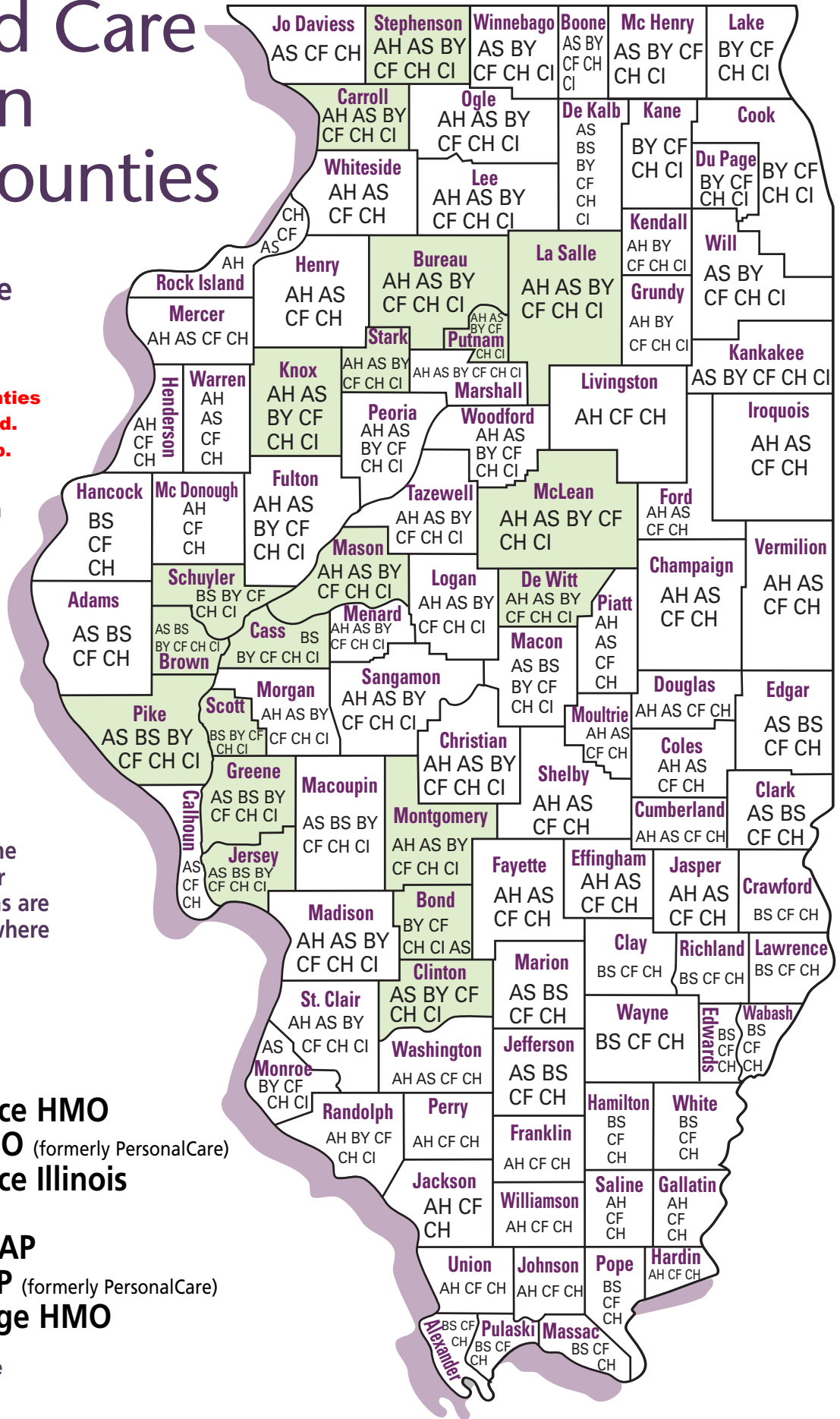
 Shaded areas represent counties in which HMO Illinois or BlueAdvantage HMO do not have provider coverage; members in these counties may have access to HMO Illinois or BlueAdvantage HMO providers in a neighboring county.

The key below indicates the two-letter carrier codes for HMO and OAP plans. Plans are available in the counties where their code appears.

## HMO & OAP Carrier Codes:

- AH** = Health Alliance HMO
- AS** = Coventry HMO (formerly PersonalCare)
- BS** = Health Alliance Illinois
- BY** = HMO Illinois
- CF** = HealthLink OAP
- CH** = Coventry OAP (formerly PersonalCare)
- CI** = BlueAdvantage HMO

Note: QCHP available Statewide



# Benefits Comparison: QCHP – HMO – OAP Plans

In order for any service, therapy or supply to be considered eligible for coverage, it must be medically necessary as determined by the plan administrator.

	QCHP		HMO																		
	In-Network	Out-of-Network	In-Network																		
<b>Covered Services</b>	<b>Based on Employee's Annual Salary as of April 1</b>																				
<b>Health Plan Year Deductible</b>	<table border="1"> <thead> <tr> <th></th> <th>Per enrollee</th> <th>Family Cap</th> </tr> </thead> <tbody> <tr> <td>Employee – \$60,700 or less</td> <td>\$300</td> <td>\$750</td> </tr> <tr> <td>Employee – \$60,701 - \$75,900</td> <td>\$400</td> <td>\$1,000</td> </tr> <tr> <td>Employee – \$75,901 and above</td> <td>\$450</td> <td>\$1,125</td> </tr> <tr> <td>Retiree/Annuitant/Survivor</td> <td>\$300</td> <td>\$750</td> </tr> <tr> <td>Dependents</td> <td>\$300</td> <td>NA</td> </tr> </tbody> </table>			Per enrollee	Family Cap	Employee – \$60,700 or less	\$300	\$750	Employee – \$60,701 - \$75,900	\$400	\$1,000	Employee – \$75,901 and above	\$450	\$1,125	Retiree/Annuitant/Survivor	\$300	\$750	Dependents	\$300	NA	Not applicable
	Per enrollee	Family Cap																			
Employee – \$60,700 or less	\$300	\$750																			
Employee – \$60,701 - \$75,900	\$400	\$1,000																			
Employee – \$75,901 and above	\$450	\$1,125																			
Retiree/Annuitant/Survivor	\$300	\$750																			
Dependents	\$300	NA																			
Note: The annual health plan deductible must be met before plan benefits apply																					
<b>Out-of-Pocket Maximum*</b>																					
Individual	\$1,200	\$4,400	\$3,000																		
Family	\$3,000	\$8,800	\$6,000																		
<b>Physicians' Services</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>																		
<b>Physician or Specialist Office Visits</b>	90% after the annual plan deductible	70% of U&C after the annual plan deductible	100% after \$15 copayment per visit (\$20 for Specialist)																		
<ul style="list-style-type: none"> <li>Treatment of illness or injury</li> <li>Behavioral health</li> </ul>																					
<b>Physician or Specialist Office Visits</b>	100%	70% of U&C after the annual plan deductible	100%																		
<ul style="list-style-type: none"> <li>Wellness care/Preventive healthcare (including womens' healthcare) are not subject to the health plan year deductible</li> </ul>																					
<b>Outpatient Surgery</b>	90% after annual plan deductible	70% of U&C after the annual plan deductible	100% after \$15 copayment per visit (\$20 for Specialist)																		
<ul style="list-style-type: none"> <li>When billed as an office visit</li> </ul>																					
<b>Allergy Tests, Injections and Serum</b>	90% after annual plan deductible	70% of U&C after the annual plan deductible	100% after \$15 copayment per visit (\$20 for Specialist)																		
<b>Hospital/Facility Services</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>																		
<b>Inpatient services</b>	90% after annual plan deductible and a \$50 hospital admission deductible per admission	70% of U&C after the annual plan deductible and a \$300 hospital admission deductible per admission	100% after \$275 copayment per admission																		
<b>Mental Health and Substance Abuse Inpatient Facility and Partial Day Hospitalization</b>	90% after the annual plan deductible and a \$50 hospital admission deductible per admission	70% of U&C after the annual plan deductible and a \$300 hospital admission deductible per admission	100% after \$275 copayment per admission																		
Note: Contact plan administrator regarding prior authorization																					

\* For an explanation of out-of-pocket maximums see pages 16 and 17.

Note: See page 17 for an explanation of usual and customary (U&C) charges.

# Benefits Comparison: QCHP – HMO – OAP Plans

In order for any service, therapy or supply to be considered eligible for coverage, it must be medically necessary as determined by the plan administrator.

	OAP		
	Tier I – 100% Benefit	Tier II – 90% Benefit	Tier III – 80% Benefit
<b>Covered Services</b>			
<b>Health Plan Year Deductible</b> Per enrollee Note: The annual health plan deductible must be met before plan benefits apply	Not applicable	\$200	\$300
<b>Out-of-Pocket Maximum*</b> Individual Family	Not applicable	\$600 \$1,200	\$1,500 \$3,500
<b>Physicians' Services</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>
<b>Physician or Specialist Office Visits</b> • Treatment of illness or injury • Behavioral health	100% after \$15 copayment per visit (\$20 for Specialist)	90% of network charges after the annual plan deductible	80% of U&C after the annual plan deductible
<b>Physician or Specialist Office Visits</b> • Wellness care/Preventive healthcare (including womens' healthcare) are not subject to the health plan year deductible	100%	100%	Covered under Tier I and Tier II only
<b>Outpatient Surgery</b> • When billed as an office visit	100% after \$15 copayment per visit (\$20 for Specialist)	90% of network charges after the annual plan deductible	80% of U&C after the annual plan deductible
<b>Allergy Tests, Injections and Serum</b>	100% after \$15 copayment per visit (\$20 for Specialist)	90% of network charges after the annual plan deductible	Covered under Tier I and Tier II only
<b>Hospital/Facility Services</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>
<b>Inpatient services</b>	100% after \$275 copayment per admission	90% of network charges after the annual plan deductible and a \$325 copayment per admission	80% of U&C after the annual plan deductible and a \$425 copayment per admission
<b>Mental Health and Substance Abuse Inpatient Facility and Partial Day Hospitalization</b> Note: Contact plan administrator regarding prior authorization	100% after \$275 copayment per admission	90% of network charges after the annual plan deductible and a \$325 copayment per admission	80% of U&C after the annual plan deductible and a \$425 copayment per admission

\* For an explanation of out-of-pocket maximums see pages 16 and 17.

Note: See page 17 for an explanation of usual and customary (U&C) charges.

# Benefits Comparison: QCHP – HMO – OAP Plans

In order for any service, therapy or supply to be considered eligible for coverage, it must be medically necessary as determined by the plan administrator.

	QCHP		HMO
	In-Network	Out-of-Network	In-Network
<b>Hospital/Facility Services</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>
<b>Outpatient/Facility Surgery</b> • When billed as outpatient surgery at a facility	90% after annual plan deductible	70% of U&C after the annual plan deductible	100% after \$175 copayment
<b>Emergency Care – Hospital</b> • Facility charges for treatment of emergency medical condition or injury Note: Professional fees may be billed separately	90% after the annual plan deductible and a \$400 emergency room deductible per visit	90% of U&C after the annual plan deductible and a \$400 emergency room deductible per visit	100% after \$200 copayment per visit
<b>Outpatient Testing, Lab, etc.</b> • Imaging • Diagnostic Tests	<b>The Plan Pays</b> 90% after annual plan deductible	<b>The Plan Pays</b> 70% of U&C after the annual plan deductible	<b>The Plan Pays</b> 100%
<b>Other Coverage</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>
<b>Hearing Services</b> • Diagnostic hearing exam • Hearing aids	<b>Exam:</b> up to \$150 every three plan years <b>Hearing aids:</b> up to \$600 every three plan years	<b>Exam:</b> up to \$150 every three plan years <b>Hearing aids:</b> up to \$600 every three plan years	<b>Exam:</b> up to \$150 every three plan years <b>Hearing aids:</b> up to \$600 every three plan years
<b>Ambulance Service for Emergency Care</b>	90% after annual plan deductible	90% of U&C after the annual plan deductible	100%
<b>Home Health Care Services</b> Note: Prior approval required	90% after annual plan deductible*	70% of U&C after the annual plan deductible*	100% after \$20 copayment per visit
<b>Skilled Nursing Facility Services</b> Note: Prior approval required	90% after annual plan deductible*	70% of U&C after the annual plan deductible*	100%
<b>Hospice Care</b> Note: Prior approval required	90% after annual plan deductible*	70% of U&C after the annual plan deductible*	100%
<b>Durable Medical Equipment (DME) – Rental or purchase</b> Note: Prior approval required for certain DME	90% after annual plan deductible	70% of U&C after the annual plan deductible	80% of network charges
<b>Outpatient Rehabilitation Services</b> • Physical Therapy • Speech Therapy • Occupational Therapy	90% after annual plan deductible	70% of U&C after the annual plan deductible	100% after \$20 copayment per visit
<b>Chiropractic Services</b> Note: Chiropractic care for maintenance is not covered	90% after annual plan deductible, maximum 30 visits per plan year	70% of U&C after the annual plan deductible, maximum 30 visits per plan year	100% after \$20 copayment per visit

Note: See page 17 for an explanation of usual and customary (U&C) charges.

\* See page 6 of the QCHP Summary Document on the Benefits website for benefit limitations.



# Benefits Comparison: QCHP – HMO – OAP Plans

In order for any service, therapy or supply to be considered eligible for coverage, it must be medically necessary as determined by the plan administrator.

	OAP		
	Tier I – 100% Benefit	Tier II – 90% Benefit	Tier III – 80% Benefit
<b>Hospital/Facility Services</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>
<b>Outpatient/Facility Surgery</b> • When billed as outpatient surgery at a facility	100% after \$175 copayment	90% of network charges after the annual plan deductible and a \$175 copayment	80% of U&C after the annual plan deductible and a \$175 copayment
<b>Emergency Care – Hospital</b> • Facility charges for treatment of emergency medical condition or injury Note: Professional fees may be billed separately	100% after \$200 copayment per visit	100% after the annual plan deductible and a \$200 copayment per visit	100% after the annual plan deductible and a \$200 copayment per visit
<b>Outpatient Testing, Lab, etc.</b> • Imaging • Diagnostic Tests	<b>The Plan Pays</b> 100%	<b>The Plan Pays</b> 90% of network charges after the annual plan deductible	<b>The Plan Pays</b> 80% of U&C after the annual plan deductible
<b>Other Coverage</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>
<b>Hearing Services</b> • Diagnostic hearing exam • Hearing aids	<b>Exam:</b> up to \$150 every three plan years <b>Hearing aids:</b> up to \$600 every three plan years	<b>Exam:</b> up to \$150 every three plan years <b>Hearing aids:</b> up to \$600 every three plan years	<b>Exam:</b> up to \$150 every three plan years <b>Hearing aids:</b> up to \$600 every three plan years
<b>Ambulance Service for Emergency Care</b>	100%	100%	100%
<b>Home Health Care Services</b> Note: Prior approval required	100% after \$20 copayment per visit	90% of network charges after the annual plan deductible	Covered under Tier I and Tier II only
<b>Skilled Nursing Facility Services</b> Note: Prior approval required	100%	90% of network charges after the annual plan deductible	Covered under Tier I and Tier II only
<b>Hospice Care</b> Note: Prior approval required	100%	90% of network charges after the annual plan deductible	Covered under Tier I and Tier II only
<b>Durable Medical Equipment (DME) – Rental or purchase</b> Note: Prior approval required for certain DME	80% of network charges	80% of network charges after the annual plan deductible	80% of U&C after the annual plan deductible
<b>Outpatient Rehabilitation Services</b> • Physical Therapy • Speech Therapy • Occupational Therapy	100% after \$20 copayment per visit	90% of network charges after the annual plan deductible	80% of U&C after the annual plan deductible
<b>Chiropractic Services</b> Note: Chiropractic care for maintenance is not covered	100% after \$20 copayment per visit, maximum 25 visits per plan year	90% of network charges after the annual plan deductible, maximum 25 visits per plan year	Covered under Tier I and Tier II only

Note: See page 17 for an explanation of usual and customary (U&C) charges.

# Benefits Comparison: QCHP – HMO – OAP Plans

In order for any service, therapy or supply to be considered eligible for coverage, it must be medically necessary as determined by the plan administrator.

	QCHP		HMO
	In-Network	Out-of-Network	In-Network
<b>Other Coverage</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>
<b>Transplant Services</b> Note: Prior approval required	90% after the annual plan deductible and a \$100 transplant deductible, limited to network transplant facilities as determined by the medical plan administrator.	Covered in-network only	100%
<b>Pharmacy</b>			
<b>Plan Year Pharmacy Deductible</b>	<b>\$75</b>		<b>\$50</b>
<b>Copayments (30-day supply)</b>			
Generic	\$11		\$10
Preferred Brand	\$26		\$24
Nonpreferred Brand	\$52		\$48

## Out-of-Pocket Maximum

After the out-of-pocket maximum has been satisfied, the plan will pay 100% of covered expenses for the remainder of the plan year. It is important to note that certain charges are always the member's responsibility and do not count toward the out-of-pocket maximum, nor are they covered after the out-of-pocket maximum has been met. Charges ineligible for payment by the plan include prescription deductibles and copayments, amounts over U&C, charges for noncovered services, charges for services deemed to be not medically necessary and penalties for failing to precertify/provide notification. For QCHP, \$50 of the Medicare Part A deductible is also the member's responsibility.

The types of charges that are applied toward the out-of-pocket maximum for each type of plan varies and are outlined below:

- **Quality Care Health Plan:** The types of charges that apply toward the out-of-pocket maximum for QCHP include the annual plan deductible, additional deductibles and coinsurance.
- **HMO Plans:** HMO plans apply copayments toward the out-of-pocket maximum.
- **OAP Plans:** OAP plans do not have an out-of-pocket maximum for Tier I; however, for Tiers II and III, only coinsurance is applied toward the out-of-pocket maximum. Also for Tiers II and III, the out-of-pocket maximum amount must be met for each tier and are cumulative between tiers. For example, once the 'individual' out-of-pocket maximum for Tier II has been met (i.e., \$600), coinsurance for Tier II providers is no longer required. However, if the same plan participant then goes to a Tier III provider (out-of-network), they will need to satisfy an additional \$900 to meet the out-of-pocket maximum for Tier III charges (i.e., \$1,500).

# Benefits Comparison: QCHP – HMO – OAP Plans

In order for any service, therapy or supply to be considered eligible for coverage, it must be medically necessary as determined by the plan administrator.

	OAP		
	Tier I – 100% Benefit	Tier II – 90% Benefit	Tier III – 80% Benefit
<b>Other Coverage</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>	<b>The Plan Pays</b>
<b>Transplant Services</b> Note: Prior approval required	100%	90% of network charges after the annual plan deductible	Covered under Tier I and Tier II only
<b>Pharmacy</b>			
<b>Plan Year Pharmacy Deductible</b>	<b>\$50</b>		
<b>Copayments (30-day supply)</b>			
Generic	\$10		
Preferred Brand	\$24		
Nonpreferred Brand	\$48		

## Out-of-Pocket Maximums Chart

PLAN	Out-of-Pocket Maximum Limits	CHARGES THAT APPLY TOWARD OUT-OF-POCKET MAXIMUM			
		Annual Plan Year Deductible	Additional Deductibles/ Copayments	Coinsurance	Amounts over U&C* (QCHP out-of-network providers and OAP Tier III providers)
<b>QCHP</b>	<b>In-Network</b> Individual \$1,200 Family \$3,000 <b>Out-of-Network</b> Individual \$4,400 Family \$8,800	X	X	X	Amounts over U&C are the member's responsibility and do not go toward the out-of-pocket maximum.
<b>HMO</b>	Individual \$3,000 Family \$6,000		X		
<b>OAP Tier II</b>	Individual \$600 Family \$1,200			X	
<b>OAP Tier III</b>	Individual \$1,500 Family \$3,500			X	

\* Usual and customary (U&C) is applied to charges accrued when utilizing an out-of-network provider. For example, if an out-of-network provider charges \$1,000 for a procedure, but the U&C cost for the procedure is \$800, the percentage of coinsurance that the plan will pay is based on the \$800. The \$200 difference between the charges for the procedure and the U&C cost (\$1,000-\$800) is always the member's responsibility.

# Plan Participants (Members and Dependents) Eligible for Medicare



## What is Medicare?

Medicare is a federal health insurance program for the following:

- Participants age 65 or older
- Participants under age 65 with certain disabilities
- Participants of any age with End-Stage Renal Disease (ESRD)

Medicare has the following parts to help cover specific services:

- **Medicare Part A** (Hospital Insurance): Part A coverage is a premium-free program for participants with enough earned credits based on their own work history or that of a spouse at least 62 years of age (when applicable) as determined by the Social Security Administration (SSA).
- **Medicare Part B** (Outpatient and Medical Insurance): Part B coverage requires a monthly premium contribution. With limited exception, enrollment is required for members who are retired or who have lost "current employment status" and are eligible for Medicare.
- **Medicare Part C\*** (also known as Medicare Advantage): Part C is insurance that helps pay for a combination of the coverage provided in Medicare Parts A, B and D. An individual must already be enrolled in Medicare Parts A and B in order to enroll into a Medicare Part C plan. Medicare Part C requires a monthly premium contribution.
- **Medicare Part D\*** (Prescription Drug Insurance): Medicare Part D coverage requires a monthly premium, unless the participant qualifies for extra-help assistance.

In order to apply for Medicare benefits, plan participants are instructed to contact their local SSA office or call (800) 772-1213. Plan participants may also contact the SSA via the internet at [www.socialsecurity.gov](http://www.socialsecurity.gov) to sign up for Medicare Part A.

- \* The State Employees Group Insurance Program **does not require** plan participants to choose a Medicare Part C Plan (over the original Medicare Part A and B option) or to enroll in a Medicare Part D prescription drug plan.

## State of Illinois Medicare Requirements

**Each plan participant must contact the SSA and apply for Medicare benefits upon turning the age of 65. If the SSA determines that a plan participant is eligible for Medicare Part A at a premium-free rate, the plan participant must accept the Medicare Part A coverage.**

If the SSA determines that a plan participant is not eligible for premium-free Medicare Part A based on his/her own work history or the work history of a spouse at least 62 years of age (when applicable), the plan participant must request a written statement of the Medicare ineligibility from the SSA. Upon receipt, the written statement must be forwarded to the State of Illinois Medicare COB Unit to avoid a financial penalty. Plan participants who are ineligible for premium-free Medicare Part A benefits, as determined by the SSA, are not required to enroll into Medicare Parts A or B.

# Plan Participants Eligible for Medicare (cont.)

## Employees with Current Employment Status (and their applicable Dependents)

Members who are actively working for the State of Illinois and become eligible for Medicare (or have a dependent that becomes eligible for Medicare) due to turning age 65 or due to a disability (under the age of 65) must accept the premium-free Medicare Part A coverage, but may delay the purchase of Medicare Part B coverage. The State Group Insurance Program will remain the primary insurance for plan participants eligible for Medicare due to age or disability until the date the member retires or loses “current employment status” (such as no longer working due to a disability-related leave of absence). Upon such an event, Medicare Part B is required by the State.

Domestic partner and civil union partner dependents who are eligible for premium-free Medicare Part A upon turning the age of 65 are required by the State’s plan to enroll in Medicare Part B. Once enrolled, Medicare will be the primary payer for the partner’s coverage regardless of the member’s current employment status.

Each plan participant who becomes eligible for Medicare is required to submit a copy of his or her Medicare card to the State of Illinois Medicare COB Unit.

## Retirees and Employees without Current Employment Status (and their applicable Dependents)

Members who are retired or who have lost current employment status (such as no longer working due to a disability related leave of absence) and are eligible for Medicare (or have a dependent that becomes eligible for Medicare) due to turning age 65 or due to a disability (under the age of 65) must enroll in the Medicare Program. Medicare is the primary payer for health insurance claims over the State Group Insurance Program. Failure to enroll and maintain enrollment in Medicare Parts A and B when Medicare is the primary insurance payer will result in a reduction of benefits under the State plan and will result in additional out-of-pocket expenditures for health-related claims.

## Survivors (and their applicable Dependents)

Survivors (or their dependents) who become eligible for Medicare due to turning age 65 or due to a disability (under the age of 65) must enroll in the Medicare Program. Medicare is the primary payer for health insurance claims over the State Group Insurance Program. Failure to enroll and maintain enrollment in Medicare Parts A and B when Medicare is the primary insurance payer will result in a reduction of benefits under the State plan and will result in additional out-of-pocket expenditures for health-related claims.

If you are a survivor enrolled in Medicare Part A only, it is imperative that you contact the Medicare COB Unit to discuss the Medicare requirement.

## Plan Participants Eligible for Medicare on the Basis of End-Stage Renal Disease (ESRD)

Plan participants who are eligible for Medicare benefits based on End-Stage Renal Disease (ESRD) must contact the State of Illinois Medicare COB Unit for information regarding Medicare requirements and to ensure proper calculation of the 30-month coordination of benefit period.

To ensure that benefits are coordinated appropriately and to prevent financial liabilities with healthcare claims, plan participants must notify the State of Illinois Medicare COB Unit when they become eligible for Medicare. The Medicare COB Unit can be reached by calling (800) 442-1300 or (217) 782-7007.

# Prescription Benefit

Plan participants enrolled in any State health plan have prescription benefits included in the coverage. All prescription medications are compiled on a preferred formulary list (i.e., drug list) maintained by each health plan's prescription benefit manager (PBM). Each plan maintains a formulary list of medications. These formulary lists are subject to change any time during the plan year. To compare formulary lists, cost-savings programs and/or to obtain a list of network pharmacies that participate in the various health plans, plan participants should visit the website of each health plan. Certain health plans notify plan participants by mail when a prescribed medication they are currently taking is reclassified into a different formulary list category. If a formulary change occurs, plan participants should consult with their physician to determine if a change in prescription is appropriate. **Regardless of plan chosen, a prescription deductible and copayments apply to each plan participant each plan year (see page 16-17).**



Plan participants who have additional prescription drug coverage, including Medicare, should contact their healthcare plan for coordination of benefits (COB) information.

**Fully-insured managed care plans (i.e., BlueAdvantage HMO, Health Alliance HMO, Coventry Health Care HMO and HMO Illinois)** use a separate prescription benefit manager (PBM) to administer their prescription benefits. Members who elect one of these plans must utilize a pharmacy participating in the plan's pharmacy network or the full retail cost of the medication will be charged. Partial reimbursement may be provided if the plan participant files a paper claim with the health plan. It should be noted that most plans do not cover over-the-counter drugs or drugs prescribed by medical professionals (including dentists) other than the plan participant's primary care physician (PCP). It should be noted; however, that drugs prescribed by a specialist would also be covered provided that the plan participant was referred to the specialist by their PCP. **Members should direct prescription benefit questions to the respective health plan administrator.**

**Self-insured managed care plans (i.e., HealthLink OAP, Health Alliance Illinois and Coventry Health Care OAP) and the Quality Care Health Plan (QCHP)** have prescription benefits administered through the prescription benefit manager (PBM), currently Medco. Prescription benefits are independent of other medical services and are not subject to the medical plan year deductible or out-of-pocket maximums. In order to receive the best value, plan participants enrolled in one of these plans should carefully review the various options through which they may receive their medication (outlined on page 21). Most drugs purchased with a prescription from a physician or a dentist are covered; however, over-the-counter drugs are not covered, even if purchased with a prescription. If a plan participant elects a brand name drug and a generic is available, the plan participant must pay the cost difference between the brand product and the generic product, in addition to the generic copayment.

## Special Note Regarding Medications for Nursing Home/Extended Care Facility QCHP Patients

Due to the large amounts of medication generally administered at nursing home and extended care facilities, many of these types of facilities cannot maintain more than a 30-day supply of prescriptions per patient.

In order to avoid being charged a double-copayment for a 30-day supply, the patient or person who is responsible for the patient's healthcare (such as a spouse, power of attorney or guardian) should submit a letter requesting an 'exception' to the double copayment for their medication. The request should be in the form of a letter, and must include the patient's name, a list of all medications the patient is taking and the dosage of each medication. The effective date of the exception is the receipt date of the request. Requests must be submitted to the Group Insurance Division, Member Services Unit, 801 South 7th Street, P.O. Box 19208, Springfield, Illinois 62794-9208.

**Note:** Since each request is based on a specific list of medications, any newly prescribed medication(s) must be sent as another request.

 **Medco: (800) 899-2587**  
**Website: [www.medco.com](http://www.medco.com)**

# Self-insured Managed Care Plans and QCHP Prescription Benefit

## Nonmaintenance Medication

**In-Network Pharmacy** - Retail pharmacies that contract with Medco and accept the copayment amount for medications are referred to as in-network pharmacies. Plan participants who use an in-network pharmacy must present their Medco ID card/number or they will be required to pay the full retail cost. If, for any reason, the pharmacy is not able to verify eligibility (submit claim electronically), the plan participant must submit a paper claim to Medco. The maximum supply of **nonmaintenance medication** allowed at one fill is 60 days, although two copayments will be charged for any prescription that exceeds a 30-day supply. A list of in-network pharmacies, as well as claim forms, are available on the Benefits website.

**Out-of-Network Pharmacy** - Pharmacies that do not contract with Medco are referred to as out-of-network pharmacies. In most cases, prescription drug costs will be higher when an out-of-network pharmacy is used. If a medication is purchased at an out-of-network pharmacy, the plan participant must pay the full retail cost at the time the medication is dispensed. Reimbursement of eligible charges may be obtained by submitting a paper claim and the original prescription receipt to Medco. Reimbursement will be provided at the applicable brand or generic in-network price minus the appropriate in-network copayment. Claim forms are available by visiting the Benefits website.

## Maintenance Medication

**The Maintenance Medication Program (MMP)** was developed to provide an enhanced benefit to plan participants who use **maintenance medications**. Maintenance medication is medication that is taken on a regular basis for conditions such as high blood pressure and high cholesterol. To determine whether a medication is considered a maintenance medication, contact a Maintenance Network pharmacist or contact Medco. A list of pharmacies participating in the Maintenance Network is available at [www.benefitschoice.il.gov](http://www.benefitschoice.il.gov). When plan participants use **either** the Maintenance Network or the Medco Pharmacy for maintenance medications, they will receive a **90-day supply of medication (equivalent to 3 fills) for only two copayments**.

**The Maintenance Network** is a network of retail pharmacies that contract with Medco to accept the copayment amount for maintenance medication. Pharmacies in this network may also be an in-network retail pharmacy as described in the Nonmaintenance Medication section. If a plan participant uses an in-network pharmacy not part of the Maintenance Network, only the first two 30-day fills will be covered at the regular copayment amount. Subsequent fills will be charged double the copayment rate.

**The Medco Pharmacy** provides participants the opportunity to receive medications directly from Medco. **Both maintenance and nonmaintenance medications may be obtained through the mail order process.**

To utilize the Medco Pharmacy, plan participants must submit an original prescription from the attending physician. For maintenance medication, the prescription should be written for a 90-day supply, and include up to three 90-day refills, totaling one year of medication. The original prescription must be attached to a completed Medco mail order form and sent to the address indicated on the form. Order forms and refills can be obtained by contacting Medco.

## Prescription Drug Step Therapy

Members who have their prescription benefits administered through QCHP or one of the self-insured managed care plans whose prescription benefit manager (PBM) is Medco, are subject to a coverage tool called prescription drug step therapy (PDST) for specific drugs. PDST requires the member to first try one or more specified drugs to treat a particular condition before the plan will cover another (usually more expensive) drug that their doctor may have prescribed. PDST is intended to reduce costs to both the member and the plan by encouraging the use of medications that are less expensive but can still treat the member's condition effectively.

Members who are taking a medication that requires step therapy will receive a letter explaining that the plan will not cover that particular medication unless the alternative medication is tried first. The letter will also have directions on how a member's physician may request a coverage review if the physician believes they should take the original medication without trying the alternative medication first.

# Dental Plan

All members and enrolled dependents have the same dental benefits available regardless of the health plan selected. During the Benefit Choice Period, members have the option to add or drop dental coverage. **The election to add or drop dental coverage will remain in effect the entire plan year, without exception.**

## Dental Benefit

The Quality Care Dental Plan (QCDP) is a dental plan that offers a comprehensive range of benefits administered by Delta Dental of Illinois. The QCDP reimburses only those services listed on the Dental Schedule of Benefits (available on the Benefits website). Listed services are reimbursed at a predetermined maximum scheduled amount. Each plan participant is subject to an annual plan deductible for all dental services, except those listed in the Schedule of Benefits as 'Diagnostic' or 'Preventive'. The annual plan deductible is \$125 per participant per plan year. Once the deductible has been met, the plan participant has a maximum annual dental benefit of \$2,500 for all dental services.

Plan participants enrolled in the dental plan can choose any dental provider for services; however, plan participants may pay less out-of-pocket when they receive services from a network dentist. There are two separate networks of dentists that a plan participant may utilize for dental services in addition to out-of-network providers: the Delta Dental PPO<sup>SM</sup> network and the Delta Dental Premier<sup>SM</sup> network.

- **The Delta Dental PPO<sup>SM</sup> Network** If you go to a PPO-level dentist you can maximize your dental benefits and minimize your out-of-pocket expenses because these providers accept a lower negotiated PPO fee (less any deductible). If the PPO fee is lower than the amount listed on the Schedule of Benefits, the PPO dentist cannot bill you for the difference.
- **The Delta Dental Premier<sup>SM</sup> Network** If you go to a Premier-level dentist, your out-of-pocket expenses may also be less because Premier providers accept the allowed Premier-level fee (less any deductible). If the allowed fee is lower than the amount listed on the Schedule of Benefits, the Premier dentist cannot bill you for the difference.
- **Out-of-Network** If you go to a dentist who does not participate in either the PPO or Premier network, you will receive benefits as provided by the Schedule of Benefits. You will likely pay more than you would if you went to a Delta Dental network dentist. Out-of-network dentists will charge you for the difference between their submitted fee and the amount listed on the Schedule of Benefits.

Plan participants can access QCDP network information, explanation of benefits (EOB) statements and other valuable information online by registering with Delta Dental of Illinois Subscriber Connection.



## Deductible and Plan Year Maximum

Annual Deductible for Preventive Services	N/A
Annual Deductible for All Other Covered Services	\$125
Plan Year Maximum Benefit*	\$2,500

\* Orthodontics + all other covered services



Delta Dental: (800) 323-1743  
TDD/TTY (800) 526-0844  
Website: <http://soi.deltadentalil.com>



# Dental Plan (cont.)

## Provider Payment

If you use a Delta Dental network dentist, you will not have to pay the dentist at the time of service (with the exception of applicable deductibles, charges for noncovered services, charges over the amount listed on the Schedule of Benefits and/or amounts over the annual maximum benefit). Network dentists will automatically file the dental claim for their patients. Participants who use an out-of-network dentist may have to pay the entire bill at the time of service and/or file their own claim form depending on the payment arrangements the plan participant has with their dentist.

**Example of PPO, Premier and Out-of-Network Dentist Payments** (*this is a hypothetical example only and assumes all deductibles have been met*).

Delta Dental PPO Dentist*		Delta Dental Premier Dentist*		Out-of-Network Dentist	
Dentist submitted fee	\$1,000	Dentist submitted fee	\$1,000	Dentist submitted fee	\$1,000
PPO maximum allowed fee	\$600	Premier maximum allowed fee	\$900	No negotiated fee	n/a
Schedule of Benefits amount	\$781	Schedule of Benefits amount	\$781	Schedule of Benefits amount	\$781
<b>Your Out-of-Pocket Cost</b>	<b>\$0</b>	<b>Your Out-of-Pocket Cost</b>	<b>\$119</b>	<b>Your Out-of-Pocket Cost</b>	<b>\$219</b>

\* When utilizing a PPO or Premier dentist, if the maximum allowed fee is greater than the amount listed on the Schedule of Benefits, the network dentist can bill the member the difference between the two amounts.

## Child Orthodontia Benefit

The child orthodontia benefit is available only to children who begin treatment prior to the age of 19. The maximum lifetime benefit for child orthodontia is \$2,000. This lifetime maximum is based on the length of treatment (see 'Length of Orthodontia Treatment' chart below). This lifetime maximum applies to each plan participant regardless of the number of courses of treatment. **Note:** The annual plan year deductible will need to be satisfied each plan year that the plan participant is receiving orthodontia treatment unless it was previously satisfied for other dental services incurred during the plan year.

Length of Treatment	Maximum Benefit
0 - 36 Months	\$2,000
0 - 18 Months	\$1,820
0 - 12 Months	\$1,040

## Prosthetic Limitations

(Prosthetics include full dentures, partial dentures, implants and crowns)

- Prosthetics to replace missing teeth are covered only for teeth that are lost while the plan participant is covered by QCDP.
- Multiple procedures are subject to limitations. Please refer to the Dental Schedule of Benefits PRIOR to the start of any procedure to clarify coverage limitations.



# Vision Plan

Vision coverage is provided at no additional cost to members enrolled in any of the State-sponsored health plans. All members and enrolled dependents have the same vision coverage regardless of the health plan selected. Eye exams are covered once every 12 months from the last date the exam benefit was used. All other benefits are available once every 24 months from the last date used. Copayments are required.



Service	Network Provider Benefit	Out-of-Network** Provider Benefit	Benefit Frequency
<b>Eye Exam</b>	\$10 copayment	\$30 allowance	Once every 12 months
<b>Spectacle Lenses*</b> (single, bifocal and trifocal)	\$10 copayment	\$50 allowance for single vision lenses  \$80 allowance for bifocal and trifocal lenses	Once every 24 months
<b>Standard Frames</b>	\$10 copayment (up to \$175 retail frame cost; member responsible for balance over \$175)	\$70 allowance	Once every 24 months
<b>Contact Lenses</b> (All contact lenses are in lieu of spectacle lenses)	\$120 allowance	\$120 allowance	Once every 24 months

\* Spectacle Lenses: Plan participant pays any and all optional lens enhancement charges. Network providers may offer additional discounts on lens enhancements and multiple pair purchases.

\*\* Out-of-network claims must be filed within one year from the date of service.

 EyeMed Vision Care: (866) 723-0512  
 TDD/TTY: (800) 526-0844  
 Website: [www.eyemedvisioncare.com/stil](http://www.eyemedvisioncare.com/stil)

# Life Insurance Plan\*

Basic Life insurance is provided at no cost to annuitants and active employees. This term life coverage is provided in an amount equal to the annual salary of active employees. The Basic Life amount for annuitants under age 60 is equal to the annual salary as of the last day of active State employment. For annuitants age 60 or older, the Basic Life amount is \$5,000. The life insurance plan offers eligible members the option to purchase additional life insurance to supplement the Basic Life insurance provided by the State.



## Member Optional Life

Member Optional Life coverage is available to eligible members. Annuitants under age 60 and active employees can elect coverage in an amount equal to 1-8 times their Basic Life amount; annuitants age 60 and older can elect 1-4 times their Basic Life amount. Members enrolled with Member Optional Life coverage should review the chart on page 6 to be aware of rate variations among age groups. Rate changes due to age go into effect the first pay period following the member's birthday.

The maximum benefit allowed for Member Optional Life plus Basic Life coverage is \$3,000,000.

## Accidental Death & Dismemberment

Accidental Death and Dismemberment (AD&D) coverage is available to eligible members in either (1) an amount equal to their Basic Life amount or (2) the combined amount of their Basic and Member Optional Life, subject to a total maximum of five times the Basic Life insurance amount or \$3,000,000, whichever is less.

## Spouse Life

Spouse Life coverage is available in a lump sum amount of \$10,000 for the spouse of active employees and annuitants under age 60. Spouse Life coverage decreases to \$5,000 for annuitants age 60 and older. A corresponding premium applies.

## Child Life

Child Life coverage is available in a lump sum amount of \$10,000 for each child. The monthly contribution for Child Life coverage applies to **all** dependent children regardless of the number of children enrolled. Eligible children include:

- Children age 25 and under
- Children in the Disabled category

## Statement of Health

Adding/increasing Member Optional Life, as well as adding Spouse and/or Child Life coverage, is subject to prior approval by the life insurance plan administrator, Minnesota Life Insurance Company. Members must complete and submit a statement of health form to Minnesota Life for review.

\* Deferred Annuitants and Survivors have different life insurance benefits. Details are provided in the Retiree, Annuitant and Survivor Benefits Handbook available on the Benefits website.

# Flexible Spending Accounts (FSA)

## Employee Benefit Only - Does NOT Apply to Annuitants

During the Benefit Choice Period, employees may enroll in a Flexible Spending Accounts (FSA) Program with an effective date of July 1, 2012. The great advantage is that you pay **no federal taxes** on your contributions. For example, if you put in \$1,000 and are in a 20% federal tax bracket, you save \$200 ( $\$1,000 \times 20\% = \$200$ ) over the course of the plan year.

**FSA plan elections do not automatically carry over each year.** You must complete a new FSA Enrollment Form each year to participate. The maximum annual amount you may elect for plan year 2013 is \$2,500. The minimum monthly amount for which an employee may enroll is \$20; the maximum monthly amount is \$208.33 (\$277.77 for university employees paid over 9 months). The first deduction for an FSA enrollment will be taken on a pretax basis from the first paycheck issued in July. Employees should carefully review their paycheck to verify the deduction was taken correctly. If you do not see the deduction on your paycheck stub, please contact your payroll office immediately.

## Medical Care Assistance Plan (MCAP)

**What is it?** The Medical Care Assistance Plan (MCAP) is a program that allows you to set aside money, before taxes, from your paycheck to pay for **health-related expenses not covered by insurance**. If you, or someone in your family (i.e., spouse and/or eligible dependents), goes to the doctor or dentist, takes medication or wears glasses, whether you have insurance or not, MCAP may save you money. Please note that dependents must qualify under the Internal Revenue Code in order for their healthcare expenses to be eligible for reimbursement.

**How much should I contribute?** Contributions depend on your family's medical expenses which include copayments and deductibles associated with doctor's visits, prescriptions, orthodontia (e.g., braces), vision exams and surgeries (e.g., LASIK surgery).

### **Examples of expenses you cannot claim:**

- Cosmetic services, vitamins, supplements
- Insurance premiums
- Vision warranties and service contracts
- Over-the-counter medicines and drugs are not eligible for reimbursement without a prescription



Employees who enroll in MCAP are issued the MyFBMC Visa® card at no cost to use for their plan year medical expenses (employees who already have the card will not be issued a new card). Documentation is required to substantiate certain expenses paid with the card; therefore, you should review your monthly statement from the plan administrator, FBMC, carefully to ensure you are aware of the documentation requirements.

You have until **September 30, 2013**, to submit claims for expenses that were incurred from **July 1, 2012**, through **September 15, 2013**; otherwise, any money left in your account will be forfeited.

# Flexible Spending Accounts (FSA)

Employee Benefit Only - Does NOT Apply to Annuitants

## Dependent Care Assistance Plan (DCAP)

The Dependent Care Assistance Plan (DCAP) is for the reimbursement of eligible child care expenses, such as daycare.\* DCAP cannot be used for dependent healthcare expenses. Employees interested in having their dependent's health-related expenses reimbursed through a pretax program should refer to the Medical Care Assistance Plan (MCAP) on page 26.

**What is it?** The Dependent Care Assistance Plan (DCAP) is a program that allows you to set aside money, before taxes, from your paycheck to pay primarily for **child care expenses\* of dependent children 12 years and under**. If you (and your spouse, if married), work full-time and pay for daycare, day camp or after-school programs, then DCAP may save you money.

Please note that if you claim the dependent care tax credit, the credit will be reduced, dollar for dollar, by the amount you contribute to DCAP. Also, depending on your household income, it might be advantageous to claim child care expenses on your federal income tax return instead of using DCAP. You cannot claim the expenses on your tax return and use DCAP. Please ask your tax adviser which plan is best for you.

\* In addition to child care, DCAP can be used to pay for the dependent care expenses for any individual living with you that is physically or mentally unable to care for themselves and is eligible to be claimed as a dependent on your taxes. Refer to the Internal Revenue Code to ensure your dependent qualifies as a tax dependent before enrolling in this program.

**How much should I contribute?** Contributions depend on household needs—think about how much you spend on child care every year. Will you use daycare or a private nanny? Perhaps your child is going to nursery school or day camp this year.

### Examples of expenses you cannot claim:

- Overnight camp
- Daycare provided by another dependent
- Daycare provided "off the books"
- Kindergarten tuition
- Private primary school tuition
- Before and after-school care expenses for dependents age 13 and older.

You have until **September 30, 2013**, to submit claims for services incurred from **July 1, 2012**, through **June 30, 2013**; otherwise, any money left in your account will be forfeited.



 FBMC: (800) 342-8017  
TDD/TTY: (800) 955-8771  
Website: [www.myFBMC.com](http://www.myFBMC.com)



# Plan Administrators

Who to contact for information

Plan Component	Contact For	Administrator's Name and Address	Customer Service Contact Information
<b>Quality Care Health Plan (QCHP) Medical Plan Administrator</b>	Medical service information, network providers, claim forms, ID cards, claim filing/resolution and predetermination of benefits	<b>Cigna</b> Group Number 3181456 <b>Cigna HealthCare</b> P.O. Box 182223 Chattanooga, TN 37422-7223	(800) 962-0051 (nationwide) (800) 526-0844 (TDD/TTY) <a href="http://www.cigna.com/stateofil">www.cigna.com/stateofil</a>
<b>QCHP Notification and Medical Case Management Administrator</b>	Notification prior to hospital services  Noncompliance penalty of \$800 applies	<b>Cigna</b>	(800) 962-0051 (nationwide) (800) 526-0844 (TDD/TTY)
<b>Prescription Drug Plan Administrator</b> QCHP (1400SD3) Coventry OAP (1400SCH) HealthLink OAP (1400SCF) Health Alliance Illinois (1400SBS)	Information on prescription drug coverage, pharmacy network, mail order, specialty pharmacy, ID cards and claim filing	<b>Medco</b> Group Number: 1400SD3, 1400SCH, 1400SCF, 1400SBS <b>Paper Claims:</b> Medco Health Solutions P.O. Box 14711 Lexington, KY 40512 <b>Mail Order Prescriptions:</b> Medco P.O. Box 30493 Tampa, FL 33630-3493	(800) 899-2587 (nationwide)  (800) 759-1089 (TDD/TTY)  <a href="http://www.medco.com">www.medco.com</a>
<b>QCHP Behavioral Health Administrator</b>	Notification, authorization, claim forms and claim filing/resolution for behavioral health services	<b>Magellan Behavioral Health</b> Group Number 3181456 P.O. Box 2216 Maryland Heights, MO 63043	(800) 513-2611 (nationwide) (800) 526-0844 (TDD/TTY) <a href="http://www.MagellanHealth.com">www.MagellanHealth.com</a>
<b>Employee Assistance Program (EAP)</b>	Confidential assistance and assessment services	<b>Magellan Behavioral Health</b> -For Non-AFSCME represented employees-	(866) 659-3848 (nationwide) (800) 456-4006 (TDD/TTY) <a href="http://www.MagellanHealth.com">www.MagellanHealth.com</a>
<b>Personal Support Program (PSP – AFSCME EAP)</b>	Confidential assessment and assistance services	<b>AFSCME Council 31</b> -For AFSCME represented employees-	(800) 647-8776 (statewide) (800) 526-0844 (TDD/TTY) <a href="http://www.afscme31.org">www.afscme31.org</a>

## DISCLAIMER

The State of Illinois intends that the terms of this plan are legally enforceable and that the plan is maintained for the exclusive benefit of Members. The State reserves the right to change any of the benefits, program requirements and contributions described in this Benefit Choice Options Booklet. This Booklet is intended to supplement the Benefits Handbook. If there is a discrepancy between the Benefit Choice Options Booklet, the Benefits Handbook and state or federal law, the law will control.



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