

FREE BIOMETRIC SCREENING*

***Appointments are limited, be sure to reserve your spot today.**

SCHEDULE YOUR SCREENING TODAY!

Be Well Illinois would like to invite you to participate during the Benefits Choice Fair(s) to get your Biometric Screening. This screening is offered to all State of Illinois employees and spouses! The screenings are free, and the results are confidential. Appointments last approximately 15 minutes. In order to participate outside of your break or lunch hour, **you must obtain your supervisor's approval to participate.**

Tests included in screening:

- Total Cholesterol
- HDL, TC/HDL ratio
- Glucose
- HgbA1C
- Blood Pressure
- Height, weight, and body mass index (BMI) calculation
- Waist circumference

Please note that **fasting is NOT required**

Get started by visiting:

[My.QuestForHealth.com](https://www.myquestforhealth.com) (using Google Chrome)

- Enter Registration Key (on the right side of page): **Illinois2023**
- Then enter your Unique ID
 - Your Unique ID is your First Name + Last Name + Full DOB number-no spaces
 - Example: If your first name is Sally, last name is Smith and your DOB is Oct. 8, 1972, your unique ID would be **SallySmith10081972**

You may also schedule your appointment

by calling **Quest at 1.855.BE.WELL (1.855.623.9355)**

- Monday-Friday: 7 AM to 7 PM CT
- Saturday: 7:30 AM to 2 PM CT

Results will be available during your appointment and online (within 7-10 business days of the event) at [My.QuestForHealth.com](https://www.myquestforhealth.com)

Questions?

Quest Participant Service Center is available to answer questions or assist with registration and scheduling:

- Via phone: 1.855.BE.WELL (1.855.623.9355)
 - Monday-Friday: 7 AM to 7 PM CT
 - Saturday: 7:30 AM to 2 PM CT
- Online FAQs: [My.QuestForHealth.com/Home/FAQ](https://www.myquestforhealth.com/Home/FAQ)
- Contact Form: [My.QuestForHealth.com/ContactUs](https://www.myquestforhealth.com/ContactUs)
- Email: Wellness@QuestDiagnostics.com