

# Infused Strawberry Mint Water

## Ingredients

- 4-6 strawberries
- 1 tablespoon fresh mint
- 12 ounces of water



## Directions

1. To begin, wash all fresh ingredients.
2. Next, using a sharp knife, carefully slice the strawberries.
3. Once you've finished slicing the strawberries, place them and the fresh mint into a 16 oz. glass or water bottle.
4. Fill the glass with cool water and let mixture infuse for 2-4 hours or cover and place in fridge overnight for full flavor.
5. Once the water is fully infused, remove fruit and enjoy.

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