

Baked Sweet Potato Wedges

Ingredients

- Cooking spray
- 4 large sweet potatoes, scrubbed, eyes removed, cut lengthwise into 3/4-inch wedges
- 1 teaspoon paprika
- 1 tablespoon brown sugar
- 1 teaspoon garlic salt
- 1 teaspoon cinnamon
- Dash of cayenne pepper (optional)



Directions

1. Preheat oven to 400°F.
2. Lightly spray nonstick baking dish or cast-iron skillet with cooking spray. Spray potato wedges with cooking spray and toss together with all spices in a bowl.
3. Place potatoes in a single layer in the baking dish or skillet. Bake for 20 minutes. Turn over and bake an additional 20 minutes.

