

Dark chocolate-covered frozen bananas

Ingredients

- 4 to 5 ripe bananas, peeled and halved
- 1 cup dark chocolate chips
- 3 tablespoons coconut oil



Directions

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1. Insert wooden stick into cut side of each banana half. Place on baking sheet lined with parchment paper. Freeze 2 to 3 hours or overnight.
2. In a small saucepan, melt dark chocolate chips and coconut oil over low heat until smooth.
3. Dip frozen banana halves in chocolate. Place dipped bananas back on parchment paper. Return bananas to freezer for 30 to 60 minutes.
4. Store in an airtight zip-top bag in freezer.

